

J N G O T '97



under the
Surface



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the
Surface*

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the 1990s, the number of people in the UK who are aged 65 and over has increased by 1.5 million, and the number of people aged 75 and over has increased by 1 million (Office of National Statistics 1999).

There is a growing awareness of the need to address the needs of older people in the community. The Department of Health (1999) has published a strategy for older people, which sets out a vision for the future of older people's health and social care. The strategy is based on the following principles:

- Older people should be able to live independently in their own homes for as long as possible.
- Older people should be able to access the services and support they need to live well.
- Older people should be able to participate in the decisions that affect their lives.
- Older people should be able to live in a safe and secure environment.

The strategy also sets out a number of key objectives for the future, including:

- To reduce the number of older people who are in care homes.
- To improve the quality of care in care homes.
- To increase the number of older people who are able to live independently in their own homes.
- To improve the health and social care services available to older people.


The strategy is a key document for the future of older people's health and social care in the UK. It sets out a vision for the future and provides a framework for the development of policies and services.

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Under the Surface

1997 Ingot

Volume 37

*River Forest
Junior--Senior
High School*

*3300 Indiana Street
Hobart, IN 46342*

Senior Jesse Cisneros helps in the distribution of balloons for Red Ribbon Week.

Taking a Breath of Fresh Air

Fresh Air Day on October 11 was a chance to take a breather. The activity provided an opportunity for students to be carefree for one afternoon. On Fresh Air Day students came up from *Under the Surface* and stopped to take a deep breath.

In the fall, students and faculty had to deal with some unexpected problems and pressures. It became evident after the unexpected deaths of junior Christina Fay and '96 graduate Dawn Weger, and the automobile accident of '96 graduate Patty Cisneros that RF students and faculty needed to come up from *Under the Surface*.

The afternoon was filled with indoor and outdoor activities.

Band Jeopardy provides an activity choice for some music appreciative students on Fresh Air Day.



Annette Piesyk, freshman, chooses to work with wood on Fresh Air Day.

On Fresh Air Day, some RF students and faculty explore their culinary talents.



Sophomore Derek Church (center) is hitting his backhand shot on Fresh Air Day.

Dane Burns, eighth grader, is playing tennis on Fresh Air Day in the junior high.

U.S. gymnast Kerri Strug epitomized the Olympic spirit for many. After falling on her first vault in the women's team competition and injuring her ankle, and unsure whether her score was needed to capture a gold medal for the U.S. team, Strug landed her second vault. The U.S. won a total of 101 medals.

Perhaps the best-kept secret of the year was the September wedding of John F. Kennedy, Jr., and Carolyn Bessette. Only 40 guests were invited to the intimate ceremony on Cumberland Island, Ga., and everyone involved signed an agreement of confidentiality. The couple's return to New York thrust them back in the spotlight, and tabloid reports of marital strain soon followed.



AP/WIDE WORLD



Rap artist Tupac Shakur was killed in a drive-by shooting in Las Vegas in September. Shakur, whose violent "gangsta" image was reflected in both his life and music, was 25.



AP/WIDE WORLD

The New York Yankees returned to the ranks of baseball's elite when they defeated the Atlanta Braves in the World Series, four games to two. It was the Yankees' first World Series appearance in 18 years, and the 23rd championship won by the team.

After giving up his Senate seat to run for president in 1996, Bob Dole celebrated his nomination at the Republican National Convention. Despite his promise of a 15 percent, across-the-board tax cut, Dole was defeated by incumbent President Bill Clinton.



AP/WIDE WORLD

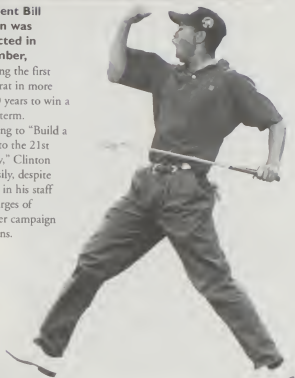


RETROSPECTIVE

OVERVIEW OF EVENTS AND PERSONALITIES OF THE YEAR



President Bill Clinton was re-elected in November, becoming the first Democrat in more than 50 years to win a second term. Promising to "Build a Bridge to the 21st Century," Clinton won easily, despite turmoil in his staff and charges of improper campaign donations.

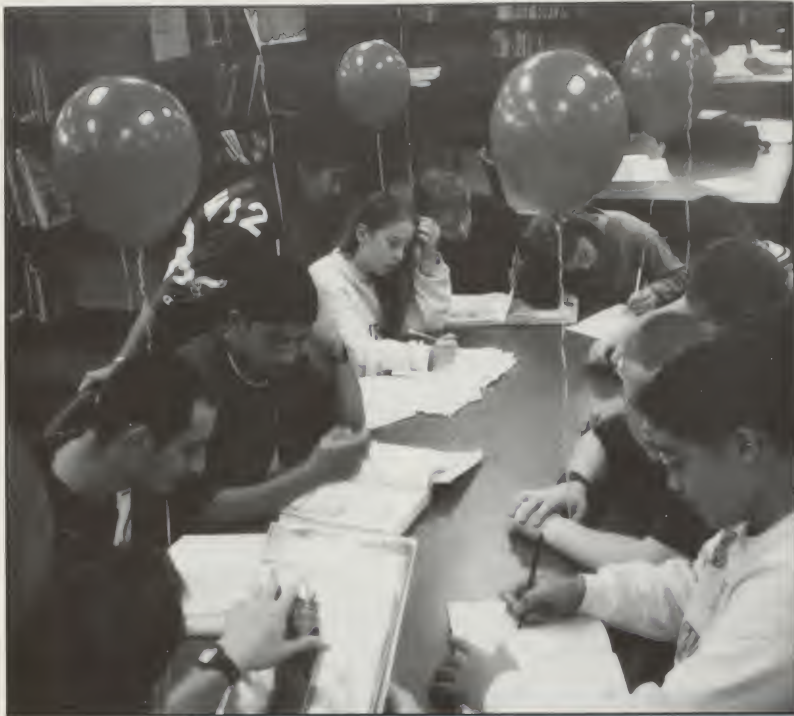


TWA Flight 800, en route to Paris from New York, exploded over Long Island in July, killing all 230 passengers on board. While beliefs that the crash was caused by a bomb or missile were widely held, investigators became increasingly convinced that the plane went down because of mechanical failure.



Tiger Woods became golf's ambassador in 1996. After winning his third U.S. Amateur title, Woods turned pro and won two of his first seven tournaments. Woods started 1997 with a bang, winning the Mercedes Championships.

Thousands in the northwestern United States, including these cows, were forced from their homes in early January when floods caused by record levels of rain and snow swept through five states.



Deep in their studies, students wear red balloons during Red Ribbon Week to show their stand against drugs.

Miss Francie Blaney's fifth hour sophomore English students receive help from their peers on Halloween



Stephen Alexander, freshman, above, has long wanted to become a firefighter. He is a member of the Fire Department.



Sarah York Ostrander discovered that "Diving In" really means what it says. She is a member of the Diving Team.

Fall

Diving In

Diving In

Great expectations filled the minds of RF students when they started school in the fall. *Under the Surface*, students had many pressures, but they didn't let pressures stop their expectations. Some expectations related to athletics, such as volleyball, football, cross country and boys tennis. Other expectations included academic studies such as history, English, mathematics, and foreign languages. One fact remained the same, students started the year off right by *Diving In*.

Seniors



Faith Alahouzos
Socorro Astorga
Michelle Avakian
John Bevil
Trina Bock

Christine Budzielek
Amrik Carroll
Jesse Cisneros
Melissa Clifford
Michael Cortez

Michael Cruz
Christina Cuevas
Elizabeth Diaz
Michelle Doffin
Milagro Dominguez

Joseph Farster
Scott Fields
Marissa Flores
Darren Flowers
Derrick Flowers

Benjamin Fontanez
Moses Fontanez
Rebecca Fontanez
Greg Gilliana
Lilia Ginorio

We're all in this together

Senior Class members banded together to create an eventful and exciting year. The class selected the colors black and purple, and they chose the Gerber daisy as the flower representing their class. Mrs. Pat McNabb and Ms. Terry Watkins served as class sponsors.

Officers leading the Senior Class

during the year included President Jesse Cisneros, Vice President Trina Bock, Treasurer Kim Mills and Secretary Misti Stutler.

Class members chose the following motto to distinguish their year:

O' Class of '97, our fearful trip is done.

We have conquered every test.

The price we sought is won.





Doug Guess
Sheila Gutierrez
Charlotte Hale
Adam Hall
Gary Hardesty

Emmanuel Heridia
Gustavo Hernandez
Luis Hernandez
Omar Hernandez
Johnny Herring

Catherine Hook
Jill Horn
Bryan Howard
Leon Hudson
John Hughes



Most Likely to Succeed
Jill Horn and Randy Kingery
Class Couple
Leon Hudson and Crystal Richard



Most Athletic
Jill Martin and Luis Quinones
Most Spirited
Jesse Cisneros and Trina Bock



Class Clown
Kevin Tolin and Sheila Gutierrez
Class Flirt
Wendy Lavrick and Shane Nalley

Class celebrates unity throughout the year

Evelyn Jakich
Sandra Jimenez
April Kaehler
David Keefover
Randy Kingery

Wendy Lavrick
Janette Loughran
Jennifer Maldonado
Christopher Manos
Jill Martin

James Massey
Kim Mills
Tracy Moreland
Shane Nalley
Christina Newsome



Best Hair
Sandra Jimenez and Mark Persley
Best Dressed
Mike Cortez and Amie Rogers



Best Eyes
Crystal Stover and Bryan Howard
Best Smile
David Torres and Christina Cuevas



Most conceited
Loni Verdugo and Eric Ostrander
Class Whiner
Greg Gilliana and Faith Sobel



Mike Newsome
Michael Nixon
Eric Ostrander
Diane Palmer
Carol Persley



Mark Persley
Bianca Polizzotto
Luis Quinones
Shanon Reeves
Michael Rice



Crystal Richard
Luis Rodriguez
Amie Rogers
Amanda Santmyre
Faith Sobel



Crystal Stover
Misti Stutler
Kevin Tolin
David Torres
Mike Torres



Rachel Vasquez
Loni Verduzco
Christopher Vergis
Roberta Willis
Brandon Wilson



Nichole Woelk



Senior Johnny Herring helps the Senior Class "teepee" rooms. The seniors demonstrated their spirit by "decorating" almost every classroom during Spirit Week. They even "Charminized" some rooms twice.

True *Colors*

Homecoming Week began with Crazy Hair Day. The students showed off their creativity by inventing outrageous hairstyles for the day. After school, students made flags representing a theme chosen by the class.

Then came Golden Oldies Day, when students dug through closets to find outfits representing the styles of the 50's, 60's and 70's. That night, students returned with crepe-paper, spirit, and creativity to decorate halls as part of the class competition.

When Tacky Day came, students came dressed in everything except the ordinary to show their school spirit.

Thursday was Pajama Day, and students relaxed wearing their favorite sleep wear. Later that evening, the Homecom-

ing Parade was held. Students gathered in the parking lot to transform pickup trucks into spirited floats for the parade. Later, community members and students met around the bonfire to wish Ingots good luck for the upcoming game. The student-faculty volleyball competition was then held in the gymnasium. This year, seniors were the overall victors.

On Friday brightly painted faces and red and gold outfits were spotted everywhere. Students "went all out" to show their spirit during Red and Gold Day. Excitement was vividly expressed during the pep assembly held seventh hour. After finding the legendary Blues Brothers, everyone was confident about the Homecoming game, which was held that night.



Stephanie Jansen, junior, shows her spirit by wearing 60's style clothing during Golden Oldies Day.



Senior Omar Hernandez searches for the legendary Blues Brothers during the Homecoming assembly.

Dressed in tacky attire, seniors Kim Mills and Adam Hall try opening their decorated lockers. Hall decorating was one of the many Spirit Week activities.



Spotlight

What does School Spirit mean to you?
"School Spirit is when you show that you really care about your school. It shows that you attend school here because you want to, not because you have to."

Derek Carter, sophomore



Spirited junior high students help support student activities by purchasing lollipops during lunch hour.



Sophomore cheerleader Katie Butchko decorates the face of her fellow squad member, senior Janette Loughran.



Hoping to score, Ingots plow through the Rensselaer Bombers.



Sophomore band member Pablo Russi plays the trumpet during the Homecoming halftime show.



Mr. Football, senior Mike Cortez, gives an inspirational speech during the pep assembly.



Senior Jill Martin receives her crown during the ceremony.



Sara Russi, seventh grader, shows her support and spirit at the Homecoming game.

Spotlight

How has Homecoming changed since you were a River Forest student?

"It was pretty much the same.

Callahan and Wright were putting on pep sessions then and they are still doing them now."

Mr. Dennis Leonard, Class of 1971



Worth the Wait!

Anticipation and pride appeared on many faces at the 1996 Homecoming game, which was held on October 4 after a week of festivities planned by the Student Council. The 1990 football team was honored at the game as state runner-ups during the 1990 football season.

To begin the halftime show, the Golden Ingot Band preformed the musical selection, *El Tigre Dorado*.

After the Band performed the selection, the Homecoming Court was presented to the crowd.

At the end of the presentation of candidates, Jill Martin was

announced as the 1996 Homecoming Queen. Senior football player Mike Cortez was announced as Mr. Football.

The Band then preformed *Macarena* and *YMCA* to conclude the show. "It's probably the best halftime show we have ever done, in both playing and marching," commented Mr. Weldon Slater, Band director.

The Ingots then continued to battle the Rensselear Bombers. After the game, students and alumni danced and socialized in the Ingot Room at the Homecoming Dance. Party DJ's provided the music for the event.



Senior Christina Cuevas, Homecoming Court Christmas candidate, sings in Choir.



Sandra Jimenez, senior, Homecoming Court, is a member of the National Honor Society.



Senior Jill Martin, Homecoming Queen, is a member of the National Honor Society, the National Honor Society, and the National Honor Society.



Anne Rogers, senior, Homecoming Court, is a member of the National Honor Society.



Senior Loni Verdugo, Homecoming Court, is a member of the National Honor Society.



Dominguez, Flowers Go the Extra Mile

Cross Country requires endurance and dedication. RF's Boys Cross Country Team completed their season, 4-7. The girls finished with a record of 4-

according to Coach Neal.

"...The team had their strengths as well as their weaknesses," explained Coach Lyle Neal.

2. "Overall the teams did pretty well, but they had their strengths as well as their weaknesses," indicated Coach Lyle Neal.

The teams were lead by seniors Milagro Dominguez and Derrick Flowers, who gave 100 percent,

River Forest's Junior High Cross Country Team consisted of ten boys and one girl. Seventh grader Chris Davis was chosen as Most

Improved, and eighth grader Marialena Dominguez was the only female runner.

The junior high squad worked hard to complete the year. "Overall, I thought we had a good season," said Coach Drew Martin.

Competing in a home meet, junior Tim Dulin fights to finish a race at an RF meet.



Senior Chris Manos shows hustle while putting effort into his last year of boys cross country.

Senior Milagro Dominguez crosses the finish line at a home meet against Whiting.



Members of the '96 Ingot Girls Cross Country Team respond to the gun at the beginning of the race



Junior Joe Bull paces himself to produce his best time at the finish line.



Senior Darren Flowers and sophomore Gary Moss, members of the boys cross country team, strive for the finish line.



Senior Chris Manos assists reluctant junior Tim Dulin into the water at Wilderness State Park in Macinaw City, Michigan, during a summer field trip.

Further than Before

RF's '96 season resulted in great progress for the Boys Tennis Team. The squad showed great teamwork and pulled off the best school record in history. The team ended their season with a record of 13 wins and 3 losses.

The team captured back-to-back conference titles and also won sectional. Individual honors went to senior John Herring, who finished with a record of 16-1. John was also All-Conference at Number One Singles. His overall record for the three years was 43 wins and 3 losses. Senior Mike Newsome was All-Conference at Number Two Singles for his second consecutive year. Mike Newsome's overall varsity

record was 53 wins and 8 losses in the four years he played. He finished this season with a record of 14-2.

"It is great to be champs!" exclaimed Coach Al Detterline.

Senior Eric Ostrander was All-Conference at Number Three Singles, and he also finished this year's season with a record of 11-4. Coach Al Detterline also reached another successful

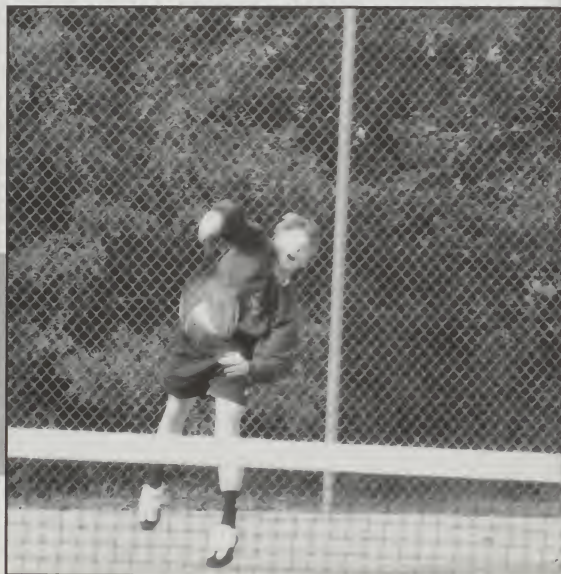
year with his varsity tennis team. They compiled the best record in school history, finishing 13-3.

Citing the great dedication of the team, Coach Detterline said, "I am proud of this year's team and it's great to be conference and sectional champs. It was an overall great season!"

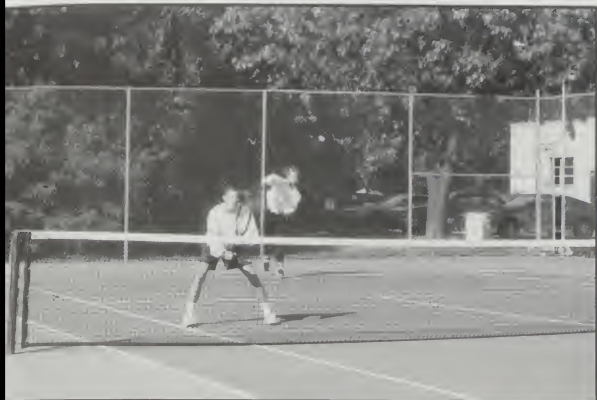


Junior Chuck Hudson serves the ball during a practice game.

Prior to a sectional competition, junior Jason Varney reaches to slam a serve at practice.



Junior Chuck Hudson serves the ball while junior Chris Carlson waits for the return.



Junior Jason Varney and senior Bryan Howard practice for a match.



Smashing the ball for another point, senior John Herring practices for an upcoming match.



Senior Eric Ostrander watches the ball, while waiting to serve.



Senior Gus Hernandez concentrates on kicking the ball, as the Ingot front line gets ready to cover the field.



Senior David Torres receives the snap from senior Doug Guess as junior David Tolin looks for a man to block.



During Football Homecoming, junior Robert Higgins, senior Omar Hernandez and senior Luis Quinones gang tackle a Rensselaer Bomber ball carrier.

Senior David Torres looks to hand-off to junior Robert Higgins on one of the potential option plays.



Close Encounters?

Junior Thomas Lane runs for big yardage during the Homecoming football game.



Team experiences some close moments

River Forest's Football Team experienced a few close encounters. One of those encounters was the game against Kankakee Valley. The Ingots were trailing 21-0 then clawed their way back to 21-19. "This was a game that showed character," explained Assistant Coach Jim Weitzel. The other close encounter was a Homecoming loss to Rensselaer with a score of 37-34. Senior Mike Cortez was named Mr. Football during the halftime festivities. The Most Valuable Offensive Player was senior David Torres and the Most Valuable Defensive Player was senior Mike Cortez.

The highlight of the season, according to Coach Jack Burton was beating crosstown rival Lake Station by the score of 26-13. The Ingots ended their campaign with a 3-6 record.

The Junior High Football Team started their season with high hopes. After starting the season 3-0, injuries to players began to take their toll. The Ingots were defeated twice before playing a very exciting game against Whiting. This game ended in a 20-20 tie. The season closed with a loss to Kankakee Valley. The season concluded with a 3-4-1 record.



Ingots football squad members pause for a moment of silence just before kickoff.



Go Hard or Go Home!

At the beginning of the season, it was rough going for RF's volleyball squad, but they improved and learned to work as a team.

They finished with a record of 9-14, which happened to be RF's second best record in school history.

Varsity team captains for the RF '96 squad were junior Vanessa Reeves and senior Jill Martin. The returning players from the '95 squad were seniors Misti Stutler, Crystal Mitchell, Loni Verduzco, Jennifer Maldonado and Jill Martin, who also served her third year as team captain.

Giving great dedication to the team and the sport, Coach Donna Briggs said, "Practice makes perfect

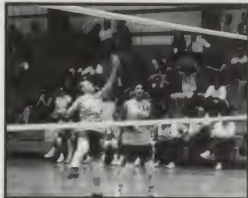
if you practice in the perfect way. Do not depend on anyone but yourself. We're no team at all unless we all think 'no pain no gain'." The team

"Practice makes perfect..." emphasized Coach Donna Briggs.

motto was "*GO HARD OR GO HOME!*"

There were several team members who received honors for their outstanding efforts on the squad. Most Valuable Player was senior Jill Martin, and Most Improved Player was senior Jennifer Maldonado.

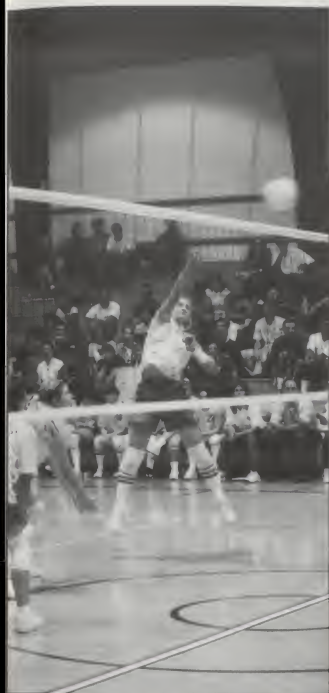
Junior Vanessa Reeves serves the ball for RF during a game against Hanover Central.



Senior Crystal Mitchell spikes the ball toward a Hanover Central defender.

Sophomore Amber Varney spikes the ball for RF's JV Volleyball squad.





Smashing the ball to the defending team, senior Jill Martin attempts to keep the Ingots in the lead.



Jumping high, junior Stephanie Santiago tries for a match-winning spike.



During a time-out, Coach Donna Briggs delivers directions about how to stay focused to her team members.



Squad develops determination, desire

Pride, determination, dedication all describe this year's cheerleading squad. Without cheerleaders, fans would have difficulty getting "pumped" at pep rallies. Cheerleaders this year gained official status as athletes in the Athletic Department.

Two varsity squad members were able to travel to Hawaii and Florida to repre-

sent a national organization.

Nicole Squires, junior, was selected by the National Cheerleading Association (NCA) to cheer in Ha-

waii at the Aloha Bowl.

Senior Doug Guess was chosen by the NCA to cheer at Florida's Citrus Bowl.

New directors coaching the squad included Mrs. Stacey Buehler, varsity, and Miss Lisa Rhodes, freshman team.

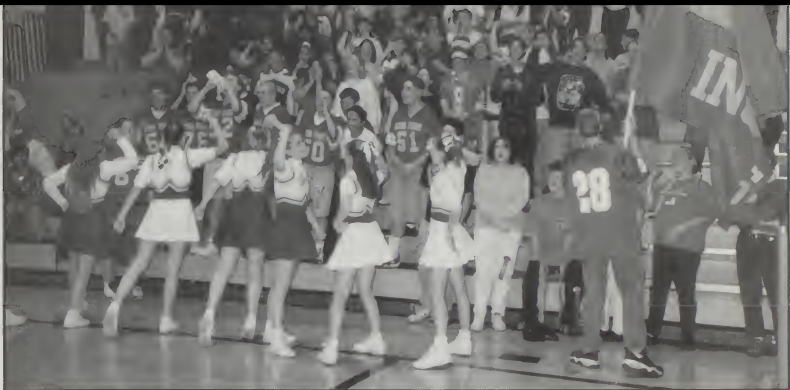
"Our squad has been through so much, but we've managed to stay strong and stick together," explained Katie Butchko.



Sophomore Jessica De Ford, juniors Nichole Squires and Jeanette Podgorski and senior Taiwan Bankhead perform a double based extension stunt during a basketball game.

Cheerleaders lead fans in the school song during the Homecoming Basketball game.





Jeanette Podgorski, junior, fires the crowd during the Basketball Homecoming game against Wheeler's Bearcats.

Freshman cheerleaders demand the best battle cry from the Freshman Class during the Football Homecoming pep assembly.



Varsity cheerleaders anticipate a free throw shot during a home game.

...Fall Scrapbook...Fall Scrapbook...Fall Scrapbook...

↗ Fall Sports Team Photos

Varsity Football Record 3-6

	RF	Opp.
Whiting	16	20
Kankakee Valley	19	21
Lake Station	26	13
Lowell	19	52
North Newton	26	20
Rensselaer	34	37
North Judson	14	42
South Central	10	0
Sectional, North Judson	20	48

Coach

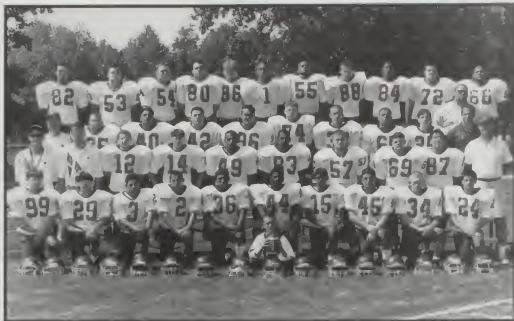
Jack Burton

Captains

David Torres, Mike Cortez,
Manny Heridia, Gary Hardesty,
Luis Quinones and Mike Cruz

MVP's

David Torres, Offensive
Mike Cortez, Defense



Varsity Football Team: row 1: Brian Drwecki, Benjie Kincheoe, Francisco Hernandez, Javier Heridia, Gus Hernandez, Carry Swertz, Tawen Benkhead, Luis Quinones, Ben Fontanez, Tom Long, David Adz; row 2: Coach Jack Burton, Coach Jim Weitzel, Lance Schmidt, Shane Coleman, Nate Romo, Jesse Cisneros, Doug Guess, David Keelover, Paul Arnold, Coach John Thomas; row 3: Coach Mike Petrushka, Tom Lane, Mike Cortez, Robert Higgins, Jon Soto, Rick Chandler, Jeff Long, Steve Duran, Eric Ostrander, Coach Frank Diaz; row 4: David Gill, David Toln, Joe Lewis, Brian Ray, Kevin Wilson, David Torres, Mike Cruz, Robby Simons, Moses Fontanez, Emmanuel Heridia and Gary Hardesty.

Varsity Volleyball Record 9-14

	RF	Opp.
Griffith	L	W
Hebron	L	W
Calumet	W	L
Hobart	L	W
Wheeler	L	W
Gavi	L	W
North Judson	L	W
Rensselaer	L	W
Washington Twp.	W	L
Bishop Noll	L	W
Westville	L	W
North Newton	L	W
South Central	W	L
Washington Twp.	W	L
Lake Station	W	L
Lowell	L	W
Wheeler	W	L
Lake Station	W	L
Wirt	W	L
Hanover	W	L
Kankakee Valley	L	W
Morgan	L	W
Sectional, Lake Station	L	W

Coach

Donna Briggs

Captains

Jill Martin and Vanessa Reeves

MVP

Jill Martin

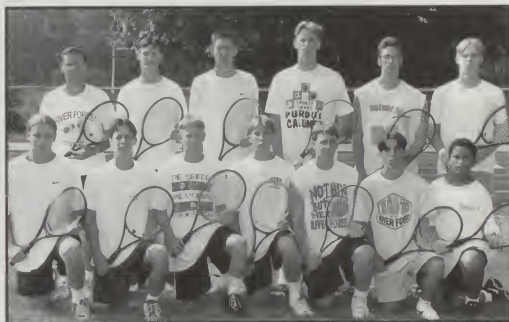


Varsity Volleyball Team: row 1: Jody Sutton, Stephanie Jansen, Matt Stutler, Sheila Gutierrez, Jessica Heridia, Lori Verdusco; row 2: Jennifer Maldonado, Harmony Kingery, Vanessa Reeves, Jill Martin, Angie Bell and Coach Donna Briggs.

...Fall Scrapbook...Fall Scrapbook...Fall Scrapbook...



Girls and Boys Varsity Cross Country Teams: row 1. John Bevil, Daren Flowers, Kimberly Skalk, Milagro Dominguez, Malinda Burge, Melissa Burge, Alex Cisneros; row 2. Coach Lyle Neal, Tim Dulin, Joe Bull, Chris Manos, Gary Moss, Marvin Scott, Eric Ostrander and Derrick Flowers



Boys Tennis Team: row 1. Jesse Catlin, Eric Ostrander, Johnny Herring, Troy Mazera, Aaron Rymer, Derek Church, Eddie Cartagena; row 2. Coach Al Dettlerline, Bryan Howard, Chris Carlson, Chuck Hudson, Mike Newdome and Jason Varney.

Boys Cross Country Record 4-7

	RF	Opp.
Whiting	L	W
Hanover Central	L	W
Calumet	W	L
Lowell	L	W
Hebron	L	W
Wheeler	L	W
South Central	W	L
Wirt	W	L
Morgan Twp	L	W
Hobart	L	W
Lake Station	W	L
Conference, 6th		
Sectional, 10th		

Girls Cross Country Record 4-2

Calumet	W	L
Hanover Central	L	W
Lowell	L	W
Hebron	W	L
Wirt	W	L
Morgan Twp	W	L
Conference, 6th		
Sectional, 7th		

Coach

Lyle Neal

MVP's

Derrick Flowers

Milagro Dominguez

Boys Tennis Team Record 10-2

	RF	Opp.
Morton	5	0
East Chicago	5	0
Wirt	5	0
Bishop Noll	5	0
Morton	3	2
Lowell	3	2
Gavitt	5	0
Griffith	2	3
Mann	5	0
Rensselaer	1	2
Lake Station	1	4
Lea Wallace	5	0
Conference, 1st		
Sectional, 1st		

Coach

Al Dettlerline

Captain

Johnny Herring

MVP

Johnny Herring

...Fall Scrapbook...Fall Scrapbook...Fall Scrapbook...

Fall Sports Team Photos

Freshman Cheerleaders

Coach
Lisa Rhodes



Freshman Cheerleaders: row 1: Samantha Pieszchala, Coach Lisa Rhodes, Callena Burns; row 2: Anne Kaarby-Vikki Wallace, Brooke Ostrander, Angelique Wilson and Annette Piesyk.

Junior Varsity Volleyball Record 3-14

RF	Opp.
Griffith	L W
Hebron	L W
Gravit	L W
North Judson	L W
Rensselaer	L W
Washington Twp.	L W
Michigan City	L W
Bishop Noll	L W
Westville	L W
North Newton	W L
Lowell	L W
Wheeler	L W
Lake Station	W L
Win	W L
Hanover	L W
Kankakee Valley	L W
Morgan Twp.	L W

Coach
Laura Norman



Junior Varsity Volleyball Team: row 1: Leticia Verduzco, Stephanie Santiago, Brooke Ostrander, Krystin Gilham, Jennifer Clifford, Tracie Mezera, Jessica Sutton; row 2: Coach Laura Norman, Beth Weger, Natalie Caragena, Crystal Lightfoot, Andrea Neyhart, Amber Varney and Tiffany Spagars.

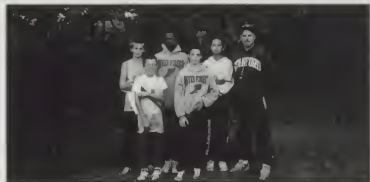
Junior High Girls Cross Country Record 0-4

RF	Opp.
Liberty	L W
Winchester	L W
Harrison	L W
Hobart	L W

Junior High Boys Cross Country Record 5-5

RF	Opp.
Wheeler	W L
Lake Ridge	W L
Liberty	L W
North Newton	W L
Winchester	L W
Pierce	L W
Hobart	W L
Morgan Twp.	W L

Coach
Drew Martin
Captains
Marialena Dominguez
Dustin Coleman
MVP
Dustin Coleman



Junior High Cross Country Team: row 1: Jason Techopp, Matt Roach; row 2: Philip Davis, Refael Price, Marialena Dominguez and Coach Drew Martin.

...Fall Scrapbook...Fall Scrapbook...Fall Scrapbook...



Freshman Football Team: row 1: Matthew Sobel, James Hopper, Frank Nuzzo, Ryan Harder, Raymundo Plunk; row 2: Steven Peek, Jason Perez, Josh Smith, Andrew Pruznak, Matt Lopez, Dane Burns; row 3: Joel Soto, Brandon Crofton, John Schwei, Stacey Gumm, Chuckie Mitchell, Chns Renolds, Rich Servin; row 4: Steven Thompson, Victor Aguilar, Andrew Rodriguez, Ryan Csonika, Angel Rosado, Joe Nuzzo; row 5: Coach Kirk Whiting, Coach Darren Guess and Coach Paul Volk.

Coach
Kirk Whiting
Captains
Matthew Sobel
Steve Peek
MVP
Matthew Sobel

Junior High Football Record 3-4-1

	RF	Opp.
Lake Station	20	16
Gavit	12	0
Liberty	20	0
North Newton	0	50
Waining	20	20
Westchester	0	34
Kankakee Valley	0	30
South Central	0	18



Seventh Grade Volleyball Team: row 1: Kimberly Rader, Natalie Quinlan, Toni Kennedy, Leann Cicilian; row 2: Mr. Keith Hyden, Amanda Alexander, Amanda Crofton, Laura Grunewald and Betty Yzaguirre.

Coach
Keith Hyden

Seventh Grade Volleyball Record 2-6

	RF	Opp.
Hohart	L	W
Willowcreek	L	W
Fogely	L	W
Lake Station	W	L
Washington Twp.	L	W
Wheeler	W	L
Harrison	L	W
Lake Ridge	L	W



Eighth Grade Volleyball Team: row 1: Jamie Sellers, Sara Russ, Rebecca Cisneros, Courtney Krasoczka, Georgia Mitchell; row 2: Coach Jim Spencer, Amber Alexander, Logan Silich, Fernanda Herdia, Ruth Norman, April Lewis and Alison Patterson.

Coach
Jim Spencer
Captains
Courtney Krasoczka
Fernanda Herdia
MVP
Courtney Krasoczka

Eight Grade Volleyball Record 0-8

	RF	Opp.
Hohart	L	W
Willowcreek	L	W
Fogely	L	W
Lake Station	L	W
Washington Twp.	L	W
Wheeler	L	W
Harrison	L	W
Lake Ridge	L	W



Seniors Johnny Herring, Kevin Tolin and Luis Rodriguez help prepare food for the chili supper that helped raise funds for the Senior Class.

The Hoosier Grandpas make a visit to River Forest to spread the holiday cheer.



Cassandra Pazdur, sophomore, chooses which turkey she wants at the Christmas assembly after her name was drawn.



Tickle Me Elmo becomes a major feature around not only RF this winter, but around the country.

Winter *Submerged Under*

Submerged Under

RF students were determined to live up to their own expectations throughout the winter months.

Under the Surface, students had many pressures, yet they continued to strive for success. Some expectations fulfilled were in athletics, such as basketball or wrestling. Other expectations included academic studies. For some students it was the pressure of earning grades and credits, for others it was choosing colleges and careers.

During the winter months, students definitely became *Submerged Under* pressures and requirements.

SWEET MEMORIES

Twinkling stars and gossamer-draped pillars could be seen through the candlelight that filled the River Forest Elementary gymnasium the night of Turnabout. "One Sweet Night" was the theme chosen for the senior-sponsored event.

Turnabout has been a tradition at River Forest since the school opened its doors in 1958. This year, 87 couples followed in the footsteps of Ingots before them and attended the dance held on February 22. "We had record breaking ticket sales," said Mrs. Pat McNabb, Senior Class sponsor.

As couples arrived in there semiformal attire, they were given the opportunity to have souvenir pictures taken by Root Studios. Students then began to mingle and dance. Dynamic Music provided a mixture of music for dancing. Couples were able to enjoy fast and fun dances, games, and slow memorable moments.

After the dance, many students went to local restaurants to enjoy the rest of the evening. Other couples went to enjoy the scenery and restaurants of Chicago.



Senior Lili Ginorio helps decorate the elementary gymnasium for Turnabout.



Junior Cassie Pennington and her guest, Portage senior Glen Arwood, share a tender moment during the dance.



Students gather for a line dance, just one of the novelty activities during Turnabout.



Students wait for their meal to be served at Chicago's Planet Hollywood. Planet Hollywood was one of the many restaurants students attended after Turnabout.



Senior Catherine Hook and her guest, alumnus Joe Pedroza, take time to enjoy refreshments that were served during Turnabout.

Spotlight

What is the most exciting part of Turnabout?

"The DJ was able to get everyone involved in the activities."

Elizabeth Diez, senior

'Life's a Dance'

"Life's a Dance" for junior high students who participated in the after school dances.

During the Halloween Dance, students dressed up in their favorite costumes and prizes were awarded for the best costumes.

On February 19, students enjoyed dressing up for their annual Valentine's Dance held in the multipurpose room. By tradition, students nominated eight candidates from each grade to be selected for King, Queen, Prince and Princess.

Eighth grade King and Queen

were Neil Csonka and Courtney Krasoczka. Prince and Princess were seventh graders Sal Montes and Tara Torres.

This year's seventh grade court included Tara Torres, Sylvia Montes, Emily Cheek, Barbara Ling, Sal Montes, Enriquez Ampega, Ricardo Rodriguez and Ray Hernandez.

The eighth grade nominees were Courtney Krasoczka, Trisha Hopper, Marialena Dominguez, Pia Squires, Neil Csonka, Steve Peak, Primo DelValle and Nathaniel Otero.

Putting the finishing touches on decorations, Mrs. Diane Chary, Junior High Student Council co-sponsor, and Kevin Baker, eighth grader, prepare for the Valentine's Dance.



Marching in the processional, last year's king and queen, freshmen Raquel Montes and Jesse Catlin, participate in the crowning ceremonies.

After being crowned 1997 King and Queen, Neil Csonka and Courtney Krasoczka, eighth graders, join together during the spotlight dance.





Spotlight

What do you and your friends do at your dances to make them so special?

"We all just go together and have fun. We can always act like ourselves."

Logan Slich, eighth grade

Junior High students enjoy a slow song at the Halloween Dance.



Members of the junior high student body chat during the festivities at the Halloween Dance.



Seventh graders Salvador Montes and Tara Torres spend their first dance together as prince and princess.



Senior Shelia Gutierrez provides assistance to fellow classmates while decorating the senior hall during Basketball Spirit Week. The class chose *Cage the Bearcats* as their theme.



Sarah Farthing, junior, decorates her Mardi Gras mask during Miss Danyelle Ware's third hour French III class.

Organized Chaos

Ingots began Spirit Week with a Boo! Monday was Halloween Day. The spirited costumes ranged from goblins to clowns. Twins Day was next. This day gave students the chance to dress as their friends without being called copycats.

On Wednesday, Ingots came dressed in uniforms from their favorite sport. A mock academic superbowl was also held that day. Students cheered as teammates struggled for answers. The sophomores were the victors of the event. After school, students gathered to decorate class hallways. Hall decoration was one of the many class competitions held during the week.

On Thursday, the halls of River Forest looked like a culture clash. Students dressed in outfits that depicted the styles of another eras. Red and Gold Day was Friday. Some students wore face paint, River Forest T-shirts and outrageous red and gold outfits to show their spirit. At the end of the day, the student body and faculty gathered in the Bill Logan Gymnasium for the pep session. *Doc Clark* (Dr. Robert Wright) was the host for the event. Ingots cheered as he introduced bands from different eras. Performers included *Sonny and Cher* (Mr. Paul Volk and Mrs. Tina Clindaniel) and *Michael Jackson* (junior Phil Guerrero). *Doc Clark* also interviewed student athletes, and class competitions were held. The final scores were close, but the sophomores were the overall winners for Basketball Spirit Week.

Junior Beth Weger stops to talk with sophomore Derek Chirch in the recently decorated junior hall.



Spotlight

What is your favorite Spirit Week activity?
 "The Pep Session we have on Friday. Everyone has a great time, and everyone gets ready and excited for the Homecoming Game."

Vanessa Reeves, junior

Freshmen competitors Jeremy Jones, Roberto Hernandez and Callena Burns smile with relief as Mr. Drew Martin, mathematics teacher, signals that they had the correct answer during the mock superbowl.



Junior Ricky Sturgill prepares a Junior Class banner. The banner contest was one of the many competitions held during Basketball Spirit Week.

Exactly How We Planned It!

Ingot fans poured into the Bill Logan Gymnasium on Saturday, February 8 to see the awaited Homecoming game against the Wheeler Bearcats. Spectators listened as the River Forest Pep Band played the

National Anthem and the school song. After the starting lineups were announced, the Homecoming game was underway. River Forest player Robert Joy, junior, won the tip-off helping the Ingots take an

early lead.

During halftime, fans watched as seniors Trina Bock and Jesse Cisneros were crowned Mr. and Miss Ingot Spirit. Seniors Jill Martin and Leon Hudson were awarded the honors of Mr. and Miss Basketball.

Spectators then watched as the Ingots defeated the Wheeler Bearcats. During the final moments of the game, Ingot fans chanted lyrics

from the song *We are the Champions* by Queen. When the buzzer sounded, the final score was 102-90.

After the game, students and alumni piled into the Ingot Room for the Homecoming dance, sponsored by the cheerleaders. The dance floor was crowded with people moving to the music provide by Digital Sound. When the night was over, Ingots were able to leave the building with a sense of victory and pride.



River Forest 1997 Spirit Court includes seniors Trina Bock, Greg Gilliana, Wendy Lavrek, Jesse Cisneros, Misti Stuffer, Ben Fontanez, Rachel Vasquez, Chris Manos, Sheila Gutierrez, Kevin Tohn and Jill Martin.

Spotlight

Did you like the Homecoming Game being held on Saturday?

"I feel it is better to have the Homecoming game on Friday when everyone is racing with excitement."

Annelie Piesyk, Freshman



Mr. Kirk Whiting, faculty member, receives his "award" from junior Juan Salas at the Homecoming Dance. Mr. Whiting won the "Pennies to Pie" contest held during Spirit Week.

Chris Manos, senior, plays his baritone at the Homecoming game.



Cheerleaders entertain the crowd with daring stunts during the Homecoming game.



Capturing the rebound, junior Robert Roy helps lead the Ingots to Victory.



Colin McAllister, River Forest Alumnus and 1996 Mr. Basketball, hands a basketball signed by the team to Leon Hudson and parents. Leon was voted 1997 Mr. Basketball.

Making History

Senior Leon Hudson made school history by reaching the thousand point mark. He was the fifth person in the school's history to reach this accomplishment.

The Boys Varsity Basketball Team finished their season with an overall record of 10-11. One of the highlights of the season, according to Coach Al Detterline, was "defeating Lake Station at Lake Station by the

score of 69-34."

Senior David Torres was named MVP, and junior Robert Joy received Most Improved.

The Boys JV Basketball Team finished their season with a record of 9-11

The Freshmen Boys Basketball Team ended with a winning season. The team finished with a 11-4 record. The squad had many comeback victories and motivation was the key to their success.

"After being 1-7, not very many people gave us a chance," expressed Coach Al Detterline.

Sophomore Troy Mezera leans in for a shot.



Junior Robert Joy shoots, while senior Leon Hudson gets into rebound position.



Senior Leon Hudson makes a basket and avoids a charge.



RF's varsity team displays unity before taking the floor and competing.

Junior Steve Petri fires a jump shot.



Better Than Before

Rebuilding was the key element for RF's Girls Basketball Team this season. This year's captains were seniors Jill Martin and Milagro Dominguez. There were five returning players from the previous season who were all seniors. Seniors included Jill Martin, who was also named Most Valuable Player; Milagro Dominguez; Chrissy Newsome; Crystal Mitchell; and

Jennifer Maldonado. The Most

Improved Player was junior Harmony Kingery. "The girls showed great improvement in their skills, including the girls who came up compared to the previous season. I have great expectations for all of my girls!" said coach Dan Muha.

The team ended their season with a record of 8-12 and in conference action finished 1-5.

"I have great expectations..."
Coach Dan Muha



Stephanie Jansen a junior on the JV, team plays great defense against her opponent.



Senior Jill Martin towers over the defense and attempts to collect points for her team.





Junior Harmony Kingery works her way in the lane for a rebound.



Freshman Tracie Mezera drives the lane for a basket during a JV game against North Judson.



Driving the lane for a layup, Milagro Dominguez, senior, attempts to score against North Judson.



During a time out, Coach Dan Muha gives advise to his team.

Tallying up points for the record books

RF's Wrestling Team finished their year with a 13-13 record. "We had many goals this year, most of them were accomplished," explained, Coach Julio Cisneros.

The squad also chased many records, according to the coach.

Commenting on the team's performance, Coach Cisneros said, "The team set 9 new records and proved that

they were the best team in the school's history."

Senior Jesse Cisneros set a school record of most

individual career wins with 70. A school record of

207 individual wins by a team was also set. Another record set was a 13-win season.

This year's MVP was Jesse Cisneros, and senior Greg Gilliana was Most Improved.

"They were the best team in the school's history," stressed Coach Julio.

Freshman Michael Lopez attempts to score a point against his opponent.



Junior Thomas Lane attempts to defeat his Andean opponent.



Senior Derrick Flowers attempts to score points on a two-on-one-over-tilt.





Senior Greg Gilliana maneuvers a cross-body ride tilt against his opponent.

Senior Mark Persley waits to set up his move on his opponent.



Senior Darren Flowers struggles with his Andean opponent at an away meet.

During a match, junior Steven Duran works on a front headlock.



...Winter Scrapbook...Winter Scrapbook...Winter

Winter Sports Team Photos

Varsity Girls Basketball Record 8-12

	RF	Opp.
Calumet	49	39
Wirt	56	43
Morgan Twp.	35	52
Lake Station	42	34
Boone Grove	37	50
Griffith	28	41
Washington Twp.	52	61
North Newton	47	46
Lowell	47	50
Hanover Central	32	52
Wirt	54	34
Wheeler	57	64
Hebron	37	55
Lake Station	33	35
Griffith	28	41
Washington Twp.	52	61
North Newton	47	46
Lowell	47	50
Washington Twp.	52	61
North Newton	47	46
Lowell	47	50

Coach

Dan Muha

Captains

Milagro Dominguez

Jill Martin

MVP

Jill Martin



Varsity Girls Basketball Team: row 1: Chrissy Newsome, Natalie Cartagena, Jennifer Maldonado, Shannon Reeves, row 2: Coach Dan Muha, Jody Sutton, Jessica Heridia, Milagro Dominguez, April Kaehler, Assistant Coach Laura Norman, row 3: Vanessa Reeves, Harmony Kingery, Jill Martin and Crystal Mitchell.

Varsity Wrestling Record 13-13

	RF	Opp.
Winamac	18	54
Calver	36	38
Hanover Central	45	24
North Newton	35	36
South Newton	54	30
North Newton	41	42
Boone Grove	59	23
Whiting	45	18
Hanover Central	42	36
Wirt	78	6
Lew Wallace	78	0
Hobart	20	56
Concord	23	50
Hammond Morton	45	30
Lake Station	27	45
Gary Mann	58	9
Andean	42	29
Hanover Central	48	21
T.F. South	18	46
Hales Franciscan	60	0
Chicago Vocational	60	0
Rensselaer	3	62
Westfield	21	46
Rochester	14	57
Kankakee Valley	15	58
Andean	33	40

Coach

Julio Cisneros

Captains

Jesse Cisneros and

Mark Persley

MVP

Jesse Cisneros



Varsity Wrestling Team: row 1: Pablo Russi, Jesse Cisneros, Thomas Lane, Charles Keel, Alex Cisneros; row 2: Paul Arnold, Stephen Duran, Mark Persley, Greg Gilliana, Jason Scott; row 3: Coach Julio Cisneros, Michael Lopez, Derrick Flowers, Luis Martinez, Darren Flowers, Benjie Kincheloe, Coach Kevin Persley; row 4: Chris Manos, Stephen Alexander, Gary Hardesty, Harold Therault and Brian Schillke.

Scrapbook...Winter Scrapbook...Winter Scrapbook...



Varsity Boys Basketball Team: row 1: Mike Newsome, Moses Fontanez, David Torres; row 2: Coach Jim Spencer, Johnny Herring, Gus Hernandez, Luis Quinones, Javier Heredia, Coach Al Dettlerline; row 3: Mike Torres, Robert Joy, Chuck Hudson and Leon Hudson.



JV Boys Basketball Team: row 1: Robert Higgins, Raul Holquin, Francisco Hernandez, Steve Petri; row 2: Eliu Fontanez, Troy Mezera, Kevin Wilson, Coach Joe Burleson, Chris Carlson, Mike Domsic and Nathan Romo.



Freshman Basketball Team: row 1: Eliezer Fontanez, John Soto, Sonny Osteen, Jesse Catlin, Marc Remus; row 2: Ed Cartegena, Chris Devault, Chris Delgado, Richard Delgado, Raul Mosqueda, Henry Rodriguez; row 3: Coach Terry Wilcox, Joey Heaton, Joe Coates, John Horn and Coach Mike Bartolini.

Coach
Al Dettlerline
Assistant Coach
Jim Spencer
Captains
David Torres
Leon Hudson
MVP
David Torres

Varsity Boys Basketball

Record 10-11

	RF	Opp.
Chesteron	82	74
Angola	53	63
Morton	55	65
Boone Grove	56	74
Hobart	64	67
Lake Station	37	44
Lowell	42	61
Griffith	63	74
Hebron	70	57
Clark	79	75
Hanover	85	76
North Judson	63	64
Lake Station	69	34
Gavit	44	39
Marquette	64	50
Wheeler	102	90
Kankakee	61	73
Rensselaer	59	69
Whiting	58	44
North Newton	61	59
Sectional		
Merrillville	61	76

Coach
Joe Burleson

JV Boys Basketball

Record 9-11

	RF	Opp.
Chesteron	35	49
Angola	33	48
Morton	37	49
Boone Grove	27	58
Hobart	45	47
Lake Station	41	24
Lowell	58	54
Griffith	42	61
Hebron	50	39
Clark	39	27
Hanover	51	41
North Judson	48	50
Lake Station	33	30
Gavit	25	29
Marquette	45	48
Wheeler	50	43
Kankakee	32	41
Rensselaer	45	46
Whiting	51	19
North Newton	25	22

Coach
Terry Wilcox

Freshman Boys Basketball

Record 11-4

	RF	Opp.
Lake Station	L	W
Valparaiso	W	L
Crown Point	W	L
Griffith	L	W
Whiting	W	L
Hanover	W	L
Kankakee Valley	W	L
Clark	W	L
Hebron	W	L
Hobart	W	L
Lowell	L	W
Boone Grove	W	L
Griffith	L	W
Chesteron	W	L
Washington	W	L

...Winter Scrapbook...Winter Scrapbook...Winter

Winter Sports Team Photos

JV Girls Basketball Record 10-8

	RF	Opp.
Culmet	15	13
Wirt	48	18
Morgan	47	43
Lake Station	35	26
Griffith	29	38
Washington	50	21
Newton	30	38
Lowell	40	21
Hanover	27	51
Hebron	48	41
Lake Station	32	17
Judson	34	45
Andean	32	46
Kankakee	28	35
Rennelaer	25	32
Hebron	56	50

Coach
Laura Norman



JV Girls Basketball Team: row 1: Tracie Mezera, Letti Verduzzo, Brooke Ostrander; row 2: Becky Chirch, Jessica Sutton, Stephanie Jansen, Melissa Burge; row 3: Amber Varney, Crystal Lightfoot, Andrea Neyhart and Coach Laura Norman.

Eighth Grade Girls Basketball Record 2-9

	RF	Opp.
Merrillville	L	W
Michigan	L	W
Washington	W	L
Hammond	L	W
Hobart	L	W
Hanover	L	W
Westchester	L	W
Willowcreek	L	W
Lake Station	W	L
Fegely	L	W
Wheeler	L	W

Coach
Keith Hyden
MVP
Marialena Dominguez and
Lolita Christopher



Eighth Grade Girls Basketball Team: row 1: Jamie Sellers, Maria Burge, Courtney Krasoczka, Rebecca Cisneros, Sara Russi, Georgia Mitchell; row 2: Coach Keith Hyden, Lolita Christopher, Amber Alexander, Ruth Norman, Mandy Kawohl, Marialena Dominguez, Fernanda Heridia and April Lewis.

Seventh Grade Girls Basketball Record 4-9

	RF	Opp.
Harrison	12	21
Michigan	10	26
Washington	26	24
Hammond	27	8
Hobart	24	35
Hanover	13	19
Westchester	6	28
Willowcreek	9	19
Lake Station	21	14
Willowcreek	12	28
Fegely	13	23
Fegely	15	22
Wheeler	25	24

Coach
Rod Thompson
MVP
Silvia Montes



Seventh Grade Girls Basketball Team: row 1: Tara Torres, Erika Perez, Toni Kennedy, Natalie Quinlan, Leslie Blankenship, Elizabeth Hall, Sarah Saylor; row 2: Silvia Montes, Kara Komonich, Jill Bonner, Leann Cicilian, Lissette Herrera, Amanda Crofton and Coach Rod Thompson.

Scrapbook...Winter Scrapbook...Winter Scrapbook...



Junior High Wrestling Team: row 1: Matt Sobel and Tommy Ling; row 2: Curtis Tuley, Steven Peek and Coach Scott Garrison.

Coach
Scott Garrison

Junior High Wrestling Record 5-19

	RF	Opp.
Franklin	L	W
Fegely	L	W
Westchester	L	W
Willowcreek	L	W
Lake Station	L	W



Eighth Grade Boys Basketball Team: row 1: Tim Stone, Jose Cisneros, Matt Roach, Angel Rosado, Ruben DeLeon, Frank Nuzzo; row 2: Jason Tschopp, Jacob Montes, James Belinsky, Timothy Lyle, Francisco Cuevas, Andrew Pruznak, Harry Manos, William Carns and Coach Johnny Gutierrez.

Coach
Johnny Gutierrez
MVP
Angel Rosado and
Francisco Cuevas

Eighth Grade Boys Basketball Record 4-8

	RF	Opp.
Griffith	L	W
Fegely	L	W
Liberty	L	W
Willowcreek	L	W
Lake Station	W	L
Hanover	W	L
Westchester	L	W
Hobart	L	W
Franklin	W	L
Pierce	L	W
Harrison	L	W
Washington	L	W



Seventh Grade Boys Basketball Team: row 1: J.R. Butchko, Ray Hernandez, Enrique Zepeda, Chuckie Roth, Ricardo Rodriguez, Andrew Rodriguez; row 2: Chris Davis, Chad Bane, Rafael Price, Roger Mosqueda, Sal Montes, Chris Lemmon, Michael Minarich and Coach Paul Volk.

Coach
Paul Volk
MVP
Mike Minarich

Seventh Grade Boys Basketball Record 4-10

	RF	Opp.
Griffith	24	29
Fegely	27	44
Liberty	31	26
Willowcreek	25	48
Lake Station	35	16
Hanover	31	27
Westchester	27	44
Hobart	24	35
Ben Franklin	24	46
Pierce	34	56
Newton	53	14
Central	40	49
Harrison	20	31
Washington	31	37

PRESENTATIONS

Moments of Fame

Sometimes it's all in the presentation! Learning can get a boost when tied to an audience and purpose.

During the year, academic classes were often linked to presentation.

Spanish, French, bilingual and music classes used performance to mix academics and presentations.

Spanish III students tackled a theatrical performance of *El genio de Oz* (*The Wizard of Oz*). The class constructed sets and gathered costumes for the performance held during Multicultural Week.

French III students wrote and performed a comedy, *L'école*

Francaise, for Multicultural Week.

Bilingual students studied the dances from various Latin cultures and performed for students.

Presentation played a major role in music classes at RF. Choir, Band and Jazz Band students performed several times during the year for students.



"Lions and tigers and bears, oh my!" Students in Spanish III perform the *Wizard of Oz* for students and teachers at RF. The production was delivered in the Spanish language.



Miss Diane Smith, Choir director, sings the American and Canadian National Anthems at the final multicultural assembly of the week.

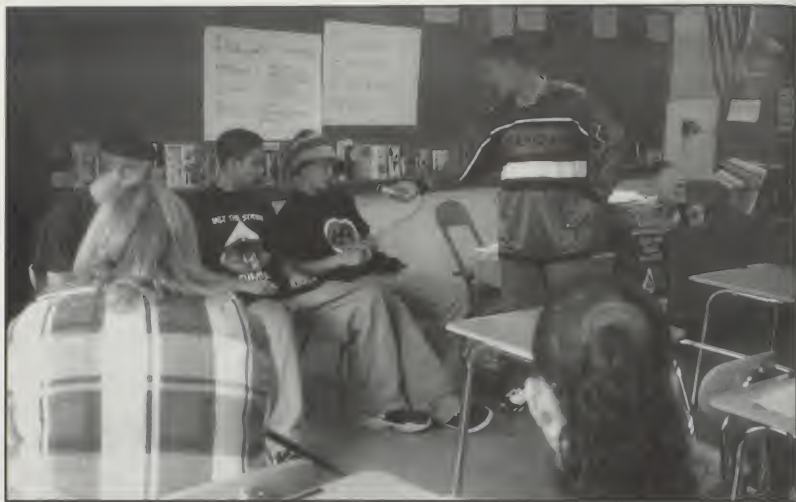
Miss Danyelle Ware's French III class performs a play, *L'école Française*, for the student body during a Multicultural Week assembly held in the junior high Multipurpose Room.



Students in bilingual class model clothing from different countries. The students also performed dances in celebration of Multicultural Week.



Mr. Rick Cheek conducts the Jazz Band during the closing assembly of Multicultural Week. The group played selections in keeping with the ethnic theme of the week.



Mrs. Natalie Keller's third hour speech students work together on interviews. The sophomores explored a variety of communication techniques.

COOPERATIVE LEARNING

Connecting Together

Cooperative learning? Yes, some people think this term is just a buzz word for the 90's; however, experiences working together provide preparation for the work world.

Opportunities for cooperative learning were presented in many classes during the year. Group size ranged from pairs to several students in clusters.

Child development classes explored the responsibilities of parenting with an "egg baby" project. Students had to budget their time and cooperate with each other to trade "baby-sitting" duties.

Students in accounting also experienced cooperative learning. Opportunities surfaced for class members to

interact while engaging in problem-solving.

Individual and team athletics required cooperative techniques in physical education classes. Indoors or outdoors, students worked together to master sport skills.

The humanities class relied heavily on cooperative learning. Academic team members used cooperative techniques to research information, study material and develop strategies for competition.

Along with traditional forms of public speaking, speech students used cooperative learning techniques to explore communication. Students worked together to achieve skill in committee interaction, interviewing, and round-table discussion.



Mrs. Barbara McKinley and senior Christine Budzielek work together on a class project.



Joe Coates, freshman, enjoys a game of whiffle ball during his sixth hour physical education class.



Miss Terry Watkins' fifth hour accounting students spend their class hour working a group situation.



Melissa Bagley and Annette Sanchez, sophomores, work on a group study during Mrs. Pat McNabb's sixth hour child development class.



Sporting laurel wreaths, students in Miss Francie Blaney's seventh period English class enjoy refreshments at a reception for the Greek gods.



Sophomore Doug Blowers sands a table leg for his woods project. Many students displayed their completed projects at the Southlake Mall.

Sculpting a pottery project, junior Todd Compton shapes and designs his creative object for art class.



Putting It All Together

How can projects enhance learning? Creating something physical while pursuing the process of learning can transform the classroom into an engaging environment.

A wide variety of projects were the focus of many classrooms during the year. Students wrestled deadlines to produce finished products for grades and credits.

In freshman English classes, students dressed as the ancient Greeks and carried hand-crafted props representing their mythological god. Sophomore English students explored the world of King

Arthur. They improvised Mediaeval costumes and carried props made to represent the kingdom of Camelot.

Woods classes provided the opportunity for students to construct projects. Many finished pieces were entered into the May competition at Southlake Mall.

Clay, paint, charcoal and other mediums were explored by art students during the year. These projects provided class members with the opportunity to express their individual creativity.

Computers also afforded students an outlet for project work. In com-

puter software class, students engaged in a variety of projects linked to use of the Internet. For one project, class members were provided with a budgeted amount of money in which to secure housing, food, utilities and entertainment. Searching web sites, class participants tried to make the best use of their budgeted funds.

A stroll through wooded areas surrounding the school provided a nature experience and a project opportunity for biology students. Collecting, identifying and classifying leaves resulted in a leaf notebook project by students.



Identifying leaves and researching to determine their classification, sophomores Annette Sanchez and Raul Holguin work on their biology leaf collections in the school library.

Sampling the punch, sophomore Jessica DeFord portrays a Lady of the Round Table in sophomore English class. The class read Arthurian literature in Miss Francie Blaney's fifth hour class.



Theresa Neely, sophomore, looks at microorganisms during Mr. Jim Wells' science class.



Assisted by Mr. Jim Wells, Mr. Jim Weitzel demonstrates a lab on water and sand to science students.



Junior Margret Allen works on a deadline for the 1997 *Ingot* yearbook.



Jason Shakula, sophomore, explores the Internet during Mr. Drew Martin's class.



Senior Crystal Stover enjoys a lab on water particles during Mrs. Kathy Hooks' chemistry class.

LABS

Putting It All Together

Lab day? How did the hour go so fast? Labs are certainly nothing new in education; however, hands-on experimentation continues to provide an interesting method of learning.

During the year, lab opportunities stretched across a wide-range of subject areas at RF.

Science courses included laboratory experiments and dissection. Labs allowed students to put practical use to what they learned from the book and lectures.

"One goal of the Science Department was to incorporate more lab work into the science curriculum," explained Mr. Jim Wells, science teacher.

Foods and clothing classes included lab partici-

pation. Beginning and advanced foods classes experienced many labs during the year. The highlight lab experience was an entire buffet dinner prepared by students. Specialty foods class included labs devoted to cakes and decorating, candy making, and restaurants and cultural foods such as Mexican, Italian, French, German, Greek, and Oriental cuisine. Field trips to restaurants and food establishments extended the laboratory beyond the walls of RF.

Yearbook and newspaper classes experienced every day lab situations. Within the lab setting, staffers gathered information and used desktop technology to produce student publications.



Jazz Band members Krissy Caporale, Jeremy Gallo, juniors, and Erica Barrow, sophomore, play a saxophone trio during the song *Steppin' Out*. This performance took place at Jazz Fest XIX.

Seniors Jesse Cisneros and Mike Cortez dance with Mrs. Sandra Mihalik at the Air Force Band assembly.



Junior Harmony Kingery portrays "Glinda the Good Witch" in Spanish III's production of *The Wizard of Oz*.



Treading Water



RF students gather around Adrienne Branch after an assembly. Branch discussed choices everyone makes with the student body.

Spring *Treading Water*

As the year came to an end, RF students had the determination to continue the task of *Treading Water*. The Class of 1998 prepared to become next year's seniors and the Class of 1997 prepared to take part in the real world.

Some students strived for success in sports such as baseball, softball, track and golf. *Under the Surface*, RF students managed to keep up with their studies and prepare for finals.

As the year came to a close, students were able to look back at expectations they set earlier and the goals they accomplished.



Polish Silesian Dancers demonstrate their ethnic dances to the crowd.



Students gather at the Multicultural Food Fair to taste the various culinary selections. Students also helped serve the foods to guests.



Eight grader Adam Baker participates in the face painting booth to help raise money for the junior high Student Council.

Spotlight

Why is it important for people to learn Multiculturalism?

"Everyone is different in their own way. Learning about them helps people understand each other and get along better."

Nichole Woelk, senior



Students from the Lyn Knight Dance Centre perform their dance, "Mission Impossible," at the food fair.

Everyone Smiles in the Same Language

Five years ago, Mr. Robert Grenert, former teacher, wanted his students to learn about their heritage. He had each of his social studies students share a dish that reflected their heritage. The project was so successful that the following year Mr. Grenert and Mr. Ron Hughes decided to open the event to the public. The first Multicultural Food Fair was such a huge success that it became an annual event. Every fair since has grown in size.

"Our Strength is Our Diversity" was the theme chosen for the 1997 Multicultural Week. To honor the fourth annual event, students, faculty and parents helped to celebrate the celebration of diversity to the community.

On Monday, Ingots began Multicultural Week by attending the opening ceremony in the Bill Logan Gymnasium. Students and faculty heard a Native American Flute performance by Ingot alumnus Miss Jennifer Olivarri. Guest speaker Mr. Tony Sanchez, professor of multicultural studies at Purdue University, enlightened his audience with stories of the benefits of diversity. Students recited reports about several major ethnic groups. The Swahili dance song *Dansi Na Kuimba* was performed by the River Forest Choir. The Band then played *Arikara*. The Choir closed the ceremony by singing *We are The World*.

On Wednesday, students had the opportunity to

enjoy theatrical entertainment provided by the Spanish III class, French III class, and the bilingual classes. *L'ecole*

Francaise was the play performed by the French III class. The comedy depicted experiences that could happen on the first day of French class. The Spanish III students performed their rendition of *El genio de Oz*, or *The Wizard of Oz*. The BESO Dance Troupe entertained the crowd by performing the Latin dance *Jarabe Mexicano* and a modern Latin jazz dance. The group also presented a world fashion show to demonstrate how people dress all over the world.

The Multicultural Food Fair was held on Thursday. It was estimated that approximately 600 people attended. The Menu included Greek dishes, stuffed peppers, mostaccioli, cappuccinio and other ethnic-oriented foods. There were also games for children to play and crafts to buy and make. Entertainment included a multicultural fashion show, Mariachi Durango, polish dancers and two professional dance groups.

On Friday, the closing ceremony was held. Awards were presented to the winners of each category. In the closing thoughts, students and faculty were praised for their participation in the event.

"As always, Multicultural Week was a great success. Unfortunately, because of all the work involved, we have decided to hold the fair every other year," stated Mr. Hughes, multicultural co-chairperson.

Mariachi Durango play music reflecting Mexican heritage during the evening food fair.



Those Magic Moments...

Shimmering satin and sequined gowns, garters, tailored tuxedos and bow ties filled the Croatian Center on May 23, 1997, the night of Prom. Prom participants were given green stemmed glassware with the theme "More Than Words Can Say" printed in gold. Hunter green and gold were the colors chosen to accent the theme.

Outside, the elegant couples were posed and photographed by Root Studios in front of the gazebo.

Dinner was then served in the hall. Students were able to enjoy the meal and conversation in the light given off by the many chandeliers.

After dinner, students danced to music provided by *The Dance Machine*. Outside, couples stole quiet moments in the courtyard. Others had group pictures taken by Root Studios in the moonlight.

Students feared that because Prom was held on a Friday, it would be a problem. Principal Don Callahan did his best to assist students by letting them leave school at 12:30 p.m. Junior Class sponsors Mrs. Pat McNabb and Miss Terry Watkins helped the Junior Class organize the event.

"Mrs. McNabb and Miss Watkins did an outstanding job. From the great food to the pictures in the moonlight, everything went great," commented Mr. Callahan.

Senior Kevin Tolin demonstrates his impressive air guitar skills while his date, junior Stephanie Santiago, watches.



Forget the Macarena, Ingots dance the electric slide just as well. The electric slide was one of many of the dances students had the opportunity to enjoy at this year's Prom.





Couples make memories on the dance floor at the Croatian Center during RF's Prom.



Junior Jason Shakula holds his date, junior Sarah Thompson, close as they enjoy a dance.



Spotlight

Why is Prom so important?

"Prom is the last chance Seniors have to be with their friends as a class. Besides Graduation, it is probably a last chance to be together as a class."

Charolotte Hale, senior

Senior Mike Newsome and his date, alumnus April Ayres, sample the dessert table.

Casts for
Rogers and Hammerstein

Musical Revue

Directed by Miss Diane Smith

Carousel

Jeremy Gallo.....	Billy Bigelow
Charlotte Hale.....	Juli Jordon
Andy Degman.....	Jigger Craigin
Erica Mullins.....	Carrie Pipperidge
Jeremy Gallo.....	Enoch Snow
Malinda Burge.....	Arminv
Yolanda Puentes.....	Cousin Nettie
Christena Besaw.....	Starkeeper

The King and I

Kystral Carroll.....	Anna
Andy Degman.....	King
Jackie Bojorquez.....	Lady Thiang
Christina Cuevas.....	Tuptim
Jeremy Gallo.....	Lua Tha
Yolanda Puentes.....	Lady Chaing
Malinda Burge.....	Lady Ping
Erica Mullins.....	Lady Ling
Christena Besaw.....	Lady Ching

South Pacific

Stephanie McKinney.....	Nellie Forbush
Jermy Gallo.....	Emile Debeque
Christina Cuevas.....	Bloody Mary
Allison Patterson.....	Nurse Carter
April Lewis.....	Nurse Johnson
Linda Baily.....	Nurse Cates
Valerie Pennington.....	Nurse Kelly

The Sound of Music

Melissa Harrison.....	Maria
Jeremy Gallo.....	Captian Von Trapp
Charlotte Hale.....	Mother Abbess
Jeremy Gallo.....	Rolf
Stephanie McKinney.....	Leisel
Yolanda Puentes.....	Fredricha
Allison Patterson.....	Louisa
April Lewis.....	Kurtzen
Linda Baily.....	Brigitta
Valerie Pennington.....	Marta
Erica Mullins.....	Gretel
Cassie Pennington.....	Countess
Erica Mullins.....	Sister Sophia
Jackie Bojorquez.....	Sister Margaretta
Malinda Burge.....	Sister Berthe
Christena Besaw.....	Frau Zeller
Andy Degman.....	Max Von Detweiler
Christina Cuevas.....	Duchess Normandy
Krystal Carroll.....	Duchess Weben

Anna (junior Krystal Carroll) and the King (freshman Andy Degman) dance across the stage in an excerpt from the play, *The King and I*.



In Regards to Broadway

For the first time in several years, River Forest students were given an opportunity to witness a musical performed by their classmates.

Miss Diane Smith, Choir director, came to River Forest in the middle of the school year.

When the new instructor realized that River Forest had not had a Musical Theater Department in many years, she wanted to revive that for the students.

"Musical theater is one of my passions. I wanted to offer the joy that it gives to me, to the students.

I just couldn't wait until next year to revive the department," explained Miss Smith.

A Rodgers and Hammerstein Revue was the musical chosen. Practices began on April 14 for the performance on May 29. Students had approximately a month to prepare. Every day after school, one could hear the students practicing in-the-round. Students had to learn lines, songs, and dances to make the musical a success.

"The musical went well. I had lots of positive comments from students, faculty and administration. That made all the hard work seem worthwhile," indicated Miss Smith. "I feel that it was a great start for the Musical Theater Department. I can't wait until next year," stated Director Diane Smith.



Lua Tha (junior Jeremy Gallo) holds the hands of his love Tuptim (senior Christina Cuevas) while they sing a duet from *The King and I*.



Junior Jackie Bojorquez waits for the entrance of her character Lady Thiang during the dress rehearsal of *The King and I*.

Spotlight

What is your reaction as a cast member to the experience of presenting a musical revue?

"We all worked extremely hard, although we experienced some difficulties."

Krystal Carroll, junior.

Big Rewards

Every year, two days are put aside to honor students for their hard work and achievements.

Senior Honor Day was the last chance for seniors to be rewarded as high school students. Faculty, family and the underclassmen gathered in the Bill Logan Gymnasium to watch the event.

This year, senior Jennifer Maldonado received a plaque and medal for 11 years of perfect attendance. Senior Nichole Woelk received the *Post Tribune* Most Valuable Staffer Award.

Seniors Christina Cuevas and Charlotte Hale shared honors as Outstanding Choir Members.

The Band presented seniors Derrick Flowers with the John Phillip Sousa Award and Darren Flowers with the Louis Armstrong Jazz Award. Manny Heridia was honored with the Directors Award.

On Underclassman Awards Day, students were recognized for their participation throughout the school year. Some of the top underclassmen awards included the Outstanding Jazz Musician, which was given to Jeremy Gallo, junior. Junior Joel Alvarez received a bilingual program certificate.

Spotlight

Why is Honor Day important?

"Honor Day is important because it recognizes you for your accomplishments. It makes students want to work hard."

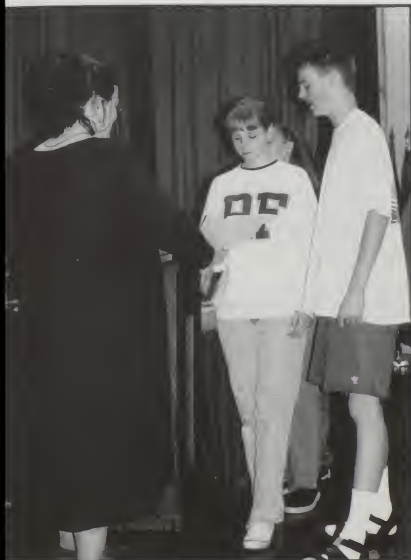
Amrik Carroll, senior



To commemorate her first place finish in choral state completion, senior Christina Cuevas accepts a plaque at Honor Day ceremonies.



Senior Gus Hernandez accepts displays of his awards presented to him to commemorate his graduation. The displays were presented by Mrs. Bernadette Monda, bilingual teacher, and Mr. Jim Weitzel, faculty member.



Freshmen Amber Wulitach and Gary Moss receive certificates for their outstanding work in language arts from Miss Diane Chary, English teacher.



Miss Francie Blaney, yearbook adviser, hands Nichole Woelk, senior, a plaque from the *Post Tribune*. Nichole was recognized as the 1997 *Ingot* yearbook's Most Valuable Staffer.



It's Been a Long, Tough Road

Everything was up to par on June 5, the night of commencement. Before the Class of 1997 took the last walk down the aisle as students, they each signed a golf ball. As diplomas were distributed, Mr. Don Callahan, principal, received the golf balls from each member of the class.

As *Pomp and Circumstance* began to play, the 93 graduates entered the gymnasium. Valedictorian Eric Ostrander welcomed everyone to the ceremony. Class officers Trina Bock and Misti Stutler read a poem that reflected the difficult year that was now ending. Mr. Callahan told the graduates that this was the beginning, not the end.

The guest speaker, Mr. Wade Anderson, told

students to meet the challenges life gives to you. Mr. Anderson was a 1966 RF graduate. He ended his speech with the phrase, "It doesn't matter if you're a gazelle or a lion. When the sun comes up, you better be ready to run."

Senior Gary Hardesty sang a song he composed and *One Moment in Time* was sung by Shanon Reeves and Rebecca Fontanez. Valedictorian Eric Ostrander and Salutatorian Jill Horn asked classmates to always have faith in themselves as they enter the adult world.

The changing of the tassel was lead by Class President Jesse Cisneros and Student Council President John Bevil.

Jill Horn, salutatorian, urges graduates not to become discouraged during her address.



Valedictorian Eric Ostander addresses his classmates and encourages them to have faith in themselves during his speech.

Elizabeth Diaz smiles with delight as she receives a \$500 scholarship. Ten, \$500 scholarships were awarded to graduates from Dollars for Scholars.



Class of 1997 graduates check to make sure everything is signed and in order after receiving their diplomas.

Diane Palmer hugs a close friend while the "class song" *Remember Me This Way* is played.

Spotlight

How do you feel about graduating?

"I feel relieved; it feels great! It means a lot to me because this is one of the goals I set for myself."

Bryan Howard, senior



Ten make it to the top!

Getting to the top, especially if it is the Top 10 in your graduating class, isn't really an easy task. Seniors who achieve this honor put in hours of hard work to accomplish this goal.

In the spring at commencement, ten RF seniors were honored as the Top 10 in the Class of 1997. Those achieving the honor wore gold cords to distinguish their status.



Jill Horn, salutatorian, accepts the salutatorian trophy on Senior Honor Day.



Eric Ostrander, valedictorian, receives the valedictorian trophy during Senior Honor Day.



Eric Ostrander

Eric graduated as Valedictorian of the Class of 1997. Eric was a member of the Honor Society, French Club, football, cross country, tennis, basketball, track and baseball during his senior year.



Jill Horn

Jill finished her high school years as Salutatorian of the Class of 1997. Jill served as Vice President of the Honor Society. She also participated in tennis during her senior year.





 **Randy Kingery**

Randy graduated third in his class. Randy was a member of the Honor Society, Spell Bowl, Academic Decathlon, Academic Super Bowl and the French Club during his senior year.



 **Jill Martin**

Jill ranked fourth in the Senior Class. She was a member of the Honor Society, and during her senior year she also participated in Quill and Scroll Society, Band, Newspaper, cross country, volleyball, track, and softball. Jill also was honored as the 1996 Football Homecoming Queen.



 **Jesse Cisneros**

Jesse finished fifth in his class. He served in the Honor Society, Academic Teams, Student Council, Band, football, wrestling and track. Jesse also held the title of Senior Class President.



 **Charlotte Hale**

Charlotte ranked sixth in her class. During Charlotte's senior year, she was a member of Honor Society. Charlotte was also active in the school choir.



 **Wendy Lavrick**

Wendy finished seventh in her class. Wendy served as Honor Society Treasurer. She participated in Quill and Scroll Society, Auxiliary Corps and French Club. Wendy was the editor-in-chief of the *Ingot Informer*.



 **Michael Cortez**

Michael graduated eighth in his class. He served as Honor Society President. He was a member of Quill and Scroll Society, Academic Super Bowl, Student Council, newspaper, French Club and football. Mike was All-State Academic and All-Conference and All-State Honorable Mention in football. He was named Mr. Football of 1996.



 **Crystal Stover**

Crystal ranked ninth in the class. Crystal was a member of the Honor Society. She also participated in Choir and softball.



 **Michelle Doffin**

Michelle graduated tenth in her Class of '97. Michelle was a member of the Honor Society and the Quill and Scroll Society. She served on the 1997 *Ingot* yearbook staff as the publication's Clubs Editor.



Mental toughness wins!

This year's Girls Tennis Team worked toward their goals and accomplishments. The squad had almost a whole new tennis team, with only six returning players from last year's team. The six returning included three juniors and three seniors.

The team concluded the season with an overall record of 10-4. Mr. Al Detterline returned as coach this year. He posted his fifth winning season with the

girls team.

The Most Valuable Player was senior Jill Horn,

"Mental toughness wins the game..."
Coach Al Detterline

who also was honorable mention at Number 1 singles. Tracie Mezera, freshman, was chosen as Most Improved Player.

Sophomore Amber

Varney and senior Crystal Mitchell were conference champs at Number 2 doubles.

Coach Detterline said of the team, "They gave great dedication, and I applaud the whole team for such great effort and teamwork for the season."

Coach Detterline also coached an undefeated season for the JV girls team. The JV squad posted a season record of 13-0.



Senior Sheila Gutierrez returns her opponent's serve during a varsity tennis match.



Junior Vanessa Reeves serves the ball during a home game.

Harmony Kingery, junior, keeps her total attention and eyes on the ball during a serve.



Tracie Mezera, freshman, returns the ball to her opponent during a tennis match held at River Forest.



Junior Vanessa Reeves and junior Harmony Kingery practice a doubles match before a competition.



Junior Jennifer Karageorge plays a volley during a home tennis match.

Spring Squads Reach New Heights!

RF's Boys and Girls Track Teams managed some major accomplishments during the season.

The boys team finished their third consecutive winning season with a 6-5 record. There were two seniors who almost succeeded in breaking the school record in their respective events. Gus Hernandez and Luis Quinones, seniors, both received honors as Most Valuable Player. The Most Improved Player was Javier Heridia, sophomore.

Coach Jack Burton said, "All members of the team contributed to

"They have high hopes and toughness....," said Coach Jack Burton and Coach Laura Norman.

the successful season. I'm looking forward to next year's season."

Despite thier ups and downs, the girls team also managed to post a

positive season. Throughout the season, the girls learned not be afraid, make sacrifices and to put there best foot forward, according to Coach Laura Norman.

The Most Valuable Player was Milagro Dominguez, senior, and Most Improved Player was Kim Skalik, sophomore.

Coach Norman said, "We could not have done it (succeeded) if not for the team effort by all." The girls ended their season 4-7.



Making his mark, junior Robert Higgins takes off hoping to post a good distance in the long jump competition.

Malinda Burge, freshman, leaps for distance during a long jump event.



Junior Chrissy Caparole releases the discus in the field event.





Junior Robert Higgins and sophomore Derek Chirch stretch out before competition in a home meet.



Rushing to the finish line, senior Gus Hernandez competes in the mile event.



Becky Chirch, freshman, checks to avoid a fault in the long jump event.



Javier Heridia, sophomore, hands off to Eric Ostrander, senior, who finishes the last portion of the 4 x 100 meter relay.



Joe Lewis, sophomore, tees off during a golf match against Calumet High School.



Jeff Gulned, Junior, concentrates on his putting on a green at Crestmoor in Hobart.

Senior Gary Hardesty puts in a golf match against the Calumet team.



No *Putting* Around

RF's golf team performed exceptionally well this year. Commenting on the season, Coach Dennis Leonard explained, "The highlight of our season was our performance in the Northwest Hoosier

Conference." He also noted that his key players this season were Chris Carlson, Brian Ray and Jeff Guined.

Returning squad members included juniors Chris Carlson, Brian Ray and Jeff Guined and senior Gary Hardesty. New members added to the

team were freshmen Jon Horn, Alex Mefford, Frank Caporale, Paul

Arnold and Stephen Alexander and sophomore Joe Lewis.

"The new members played well under pressure even

though this was their first year. Overall, the season wasn't as good as it could've been," commented a disappointed Chris Carlson. However, the junior also noted that he has faith that next year will be more successful for the returning squad.

"In Conference, they played their best golf of the season," praised Coach Leonard.



Junior Brian Ray practices teeing off before a match.



River Forest golf team members meet post-game to discuss scores.



Touching All the Bases

Improvement described this year's River Forest baseball and softball teams.

The baseball team's strong points included speed and hitting at the top of the order. Weaknesses in the squad proved to be their tendency to walk too many batters, according to Coach Jim Pieper. The coach also indicated that the team at times suffered from mental lapses on

defense, and on offense they sometimes had difficulty hitting well.

This year's softball team had a

"If you love what you do, then you'll never work a day in your life!" exclaimed Coach Tina Clindaniel.

new head coach, Mrs. Tina Clindaniel. Coach Clindaniel skippered the squad to a 6-10 season. A highlight of the

season was senior Misti Stutler's no hitter and a two hitter.

The softball team had six seniors contributing to the squad.



Pitching the ball to home plate, sophomore Tony Knies attempts to strike out the batter.



Freshmen Annie Kearby throws the ball to an infielder.



Elicia DelValle, freshman, stays in position waiting for the play.

Jill Martin, senior, makes the play to put out her opponent.





Chuck Hudson, Junior, pitches to a batter at home plate.

Running with the ball, freshman Jessica Sutton, tries to beat the runner and tag out the runner.



Taking his turn in the batting order, senior Johnny Herring swings at a pitch.

Roberto Hernandez, freshman, connects with the ball at home plate.



...Spring Scrapbook...Spring Scrapbook...Spring

Spring Sports Team Photos

Varsity Baseball Record 7-21

Scoreboard		
	RF	Opp.
Munster	1	19
Hobart	3	8
Hammond	2	4
North Judson	1.8	8.9
Westville	12	8
North Newton	3	12
Wheeler	0	13
East Chicago	10	4
North Newton	9	10
Lake Station	0.3	10.16
Wit	7	4
Hebron	8	7
Rensselaer	3.3	12.16
South Central	3	5
Kankakee Valley	2	13
Lea Wallace	5	7
Lowell	2.3	16.4
Roosevelt	15	5
Kankakee Valley	0	15
Hanover	15	7
Griffith	0	8
Kouts	5	10
Gavit	0	10
Morgan Twp.	12	6

Coach
Jim Pieper
MVP
Johnny Herring



Varsity Baseball Team: row 1: Eric Ostrander, Juan Selas, Jared Peters, Johnny Herring; row 2: Chns Vergis, Steve Petr, Thomas Lane, Jesse Catlin; row 3: Mike Cruz, Mike Domsic, Chuck Hudson, Mike Newsome and Coach Jim Pieper.

JV Baseball Record 7-22

Scoreboard		
	RF	Opp.
Munster	1	19
Hobart	3	8
Hammond	2	4
North Judson	1.8	8.9
Westville	12	8
North Newton	3	12
Wheeler	0	13
East Chicago	10	4
North Newton	9	10
Lake Station	0.3	10.16
Wit	7	4
Hebron	8	7
Rensselaer	3.3	12.16
South Central	3	5
Kankakee Valley	2	13
Lea Wallace	5	7
Lowell	2.3	16.4
Roosevelt	15	5
Kankakee Valley	0	15
Hanover	15	7
Griffith	0	8
Kouts	5	10
Gavit	0	10
Morgan Twp.	12	6
Lake Station	1	9

Coach
Johnny Gutierrez
Captains
Mike Domsic
Tony Knies



JV Baseball Team: row 1: Mike Jimenez, Roberto Hernandez, Eddie Cartagena, Henry Rodriguez; row 2: Marc Remus, Matt Kennedy, David Fontenez, Elezer Fontanez; row 3: Mike Sellars, Tony Knies, Gary Moss, Mike Domsic, Tim Dulin and Coach Johnny Gutierrez.

Varsity Cheerleaders

Coach
Stacey Buehler



Varsity Cheerleaders: row 1: Doug Guess, Stephanie Lyle, Jeanette Podgorski, Coach Stacey Buehler, Jessica DeFord, Tiffany Bowen, Tawen Bankhead; row 2: Nicole Squires, Elizabeth Lockhart, Amanda Atterbury, Nathan Romo, Peggy Simons, Kate Butchko and Jenette Loughren.

Scrapbook...Spring Scrapbook...Spring Scrapbook...



Varsity Golf Team: row 1: Paul Arnold, Alex Melford, John Horn, Steve Alexander, Andrew Degman; row 2: Jeff Gunned, Brian Ray, Chris Carlson, Gary Hardesty, Joe Lewis and Coach Dennis Leonard.

Coach
Dennis Leonard
MVP
Chris Carlson

Golf Record 4-7

Scoreboard

	RF	Opp.
Hanover	225	169
Kankakee Valley	229	163
Hobart	205	180
Cahamnet	199	252
Boone Grove	215	170
Wart	173	229
Whiting	218	223
Hanover	182	208
Lake Station		160
Griffith	207	171
Lake Station		206
Conference, 5th		



Varsity Softball Team: row 1: Jessica Sutton, Brooke Ostrander, Roberta Willis, April Kaehler, Susie Roth, row 2: Assistant Coach Ray Ostrander, Peggy Simons, Jennifer Maldonado, Chrissy Newsome, Jill Martin, Mist Stuller, Natalie Cartagena and Coach Tina Clindaniel.

Coach
Tina Clindaniel
MVP
Jill Martin

Varsity Softball Record 8-13

Scoreboard

	RF	Opp.
Hebron	1	9
Kraus	7	8
Morgan Twp.	3	20
Lowell	0	10
Gavit	15	12
Kankakee Valley	3	7
North Newton	1	11
Hanover Central	8	13
Hobart	2	1
Portage	6	5
Morgan Twp.	9	8
Munster	0	11
Cahamnet	10	0
Lake Station	6	0
Clark	4	12
Whiting	0	10



JV Softball Team: row 1: Rebecca Philippe, Rhanna Donnelly, Jessica Sutton, Anne Kearby, Susie Roth, Elsie Del Valle; row 2: Coach Joe Burleson, Brooke Ostrander, Heidi Mills, Melissa Begley, Andrea Neyhart, Amber Cicilian, Natalie Cartagena and Denise Kennedy.

Coach
Joe Burleson

JV Softball Record 1-7

Scoreboard

	RF	Opp.
Hebron	13	15
Lowell	0	25
Wheatfield	0	17
Washington Twp.	24	13
Hammond Gavit	1	21
Boone Grove	7	11
Munster	0	21
North Newton	2	14

...Spring Scrapbook...Spring Scrapbook...Spring

Spring Sports Team Photos

Girls Tennis Record 10-3

Scoreboard

	RF	Opp.
Wallace	3	2
Gavit	1	2
Hobart	1	2
Lake Station	1	4
Boone Grove	2	3
Clark	4	1
Whiting	4	1
Rensselaer	5	0
Wheeler	4	1
Westside	5	0
Boone Grove	5	0
Lowell	1	4
Griffith	5	0

Coach
Al Dettlerline
MVP
Jill Martin



Varsity Girls Tennis Team: row 1: Jill Horn, Alicia Long, Maegan Wilson, Bernadette Verdugo, Trace Mezero, Crystal Mitchell; row 2: Jessica Hendrix, Amber Varney, Chrystal Lightfoot, Lisa Gutierrez, Venessa Reeves, Harmony Kingery, Jennifer Karageorge and Coach Al Dettlerline.

Boys Track Record 6-5

Scoreboard

	RF	Opp.
Lake Station	61	62
Hebron	54	78
Marquette	89	36
Morgan Twp.	40	92
Calumet Baptist	90	37
Marquette	97	23
South Central	78	54
Calumet Baptist	103	24
Boone Grove	80	64
Hanover Central	29	103
Lowell	41	91

Coaches
Jack Burton
Jim Weitzel
MVP's
Gus Hernandez
Luis Quinones



Varsity Boys Track Team: row 1: Derrick Church, Victor Arocha, Brian Drwecki; row 2: Taiwan Benkhead, Gus Hernandez, Luis Quinones, Jever Hendrix; row 3: Kevin Wilson, Coach Jack Burton, Robert Higgins, Troy Mezero, Robby Simons, Joe Bull, Lance Schmidt and Coach Jim Weitzel.

Junior High Boys Track Record 3-2

Scoreboard

	RF	Opp.
Willow Creek	40	51
Lake Ridge	36	64
Boone Grove	64	36
Lake Station	76	24
Michigan City	62	38

Coach
Jim Spencer
Captains
Angel Rosado, Tim Lyle,
Jim Belinsky, Matt Roach,
Francisco Cuevas
Seventh Grade MVP
Rafael Price,
Dustin Coleman
Eighth Grade MVP
Angel Rosado,
Tim Lyle, Jim Belinsky



Junior High Boys Track Team: row 1: Tim Stone, Ricardo Rodriguez, Matt Paul, Frank Nuzzo, Jason Tschopp, Bryan Herder, Chucky Roth, Ray Plunk, Dustin Coleman, Primo DeVelle, Matt Lopez, Matt Roach; row 2: Coach Kirk Whiting, Adam Baker, Chris Davis, Steve Peek, Rafael Price, Tim Lyle, Jim Belinsky, Francisco Cuevas, Angel Rosado, Sel Montes, Jason Perez, Brandon Crofton and Coach Jim Spencer.

Scrapbook...Spring Scrapbook...Spring Scrapbook...



Varsity Girls Track Team: row 1: Becky Chrich, Melissa Burge, Kristen Gilliana, Malinda Burge; row 2: Coach Lyle Neal, Rima Neely, Kim Skalk, Amanda Harris, Milagro Dominguez, Stephanie Jansen and Coach Laura Norman.



Junior High Girls Track Team: row 1: Natalie Ourtan, Mana Burge, Courtney Krasoccka, Toni Kennedy, Elizabeth Hall, Sarah Saylor; row 2: Assistant Coach Michelle Balduf, Leann Ciollan, Sylvia Montes, Amber Alexander, Letty Hernandez, Becky Cisneros, Amanda Herrera, Manalena Dominguez, Lolita Christopher and Coach Gloria Komosa.



Junior High Cheerleaders: Georgina Mitchell, Christina Burns and Trisha Hopper.

Coaches
Lyle Neal
Laura Norman
MVP
Milagro Dominguez

Girls Track Record 4-7

Scoreboard

	RF	Opp.
Lake Station	48	74
Marquette	31	51
Hebron		63
Morgan	79	99
Calumet Baptist		17
Washington Twp.	57	61
Marquette	45.5	71.5
Calumet Baptist	69	36
South Central		50
Boone Grove	38	86
Calumet Baptist		33

Coach
Gloria Komosa
Seventh Grade MVP
Elizabeth Hall
Eighth Grade MVP
Becky Cisneros

Junior High Girls Track Record 1-5

Scoreboard

	RF	Opp.
Washington TWP	35	65
Lake Ridge	44	56
Boone Grove	52	48
Lake Station	43	57
Michigan City	43	77
Harrison	48	52

Junior High Cheerleaders

Coach
Roberta Harnish

Getting Connected

In order to make the school year interesting, organizations needed to work behind the scenes.

The high school Student Council was involved in many activities ranging from Homecoming week to taking Santa pictures during Christmas. The junior high school Student Council sponsored the Valentine's Day Dance and raised money from a coin drive for the Caring Place.

Honor Society members made bead necklaces for Multicultural Week. They finished out the year by taking a trip to Brookfield Zoo and by holding inductions in the spring.

Quill and Scroll Society members sold iced cappuccinio at the Multicultural Fair. The organization also sponsored the annual Journalism Banquet held at the Paragon restaurant in Hobart.



River Forest students stand together for the Honor Society induction ceremony, while senior Mike Cortez administers the oath.



Student Council members, seventh graders Ricardo Rodriguez and Ray Hernandez, create the scenery for the junior high Valentine's Dance.



At the Quill and Scroll Banquet, senior Wendy Lavrick receives a bookmark as a society gift from Miss Francie Blaney, sponsor.

Secretary Vanessa Reeves, Junior, takes notes at the National Honor Society meeting.





Junior Christal Pavlik, a member of Quill and Scroll, makes cappuccino for the Multicultural Fair.

Senior Nicole Woelk receives a staff pin from Miss Francie Blaney at the Quill and Scroll Banquet held in the spring.



Inductees patiently await the beginning of the Honor Society induction ceremony held in the RF library.

Using Your Brain

After hours of study and grueling competition, members of RF's academic teams felt some what relieved after their events concluded. To be a member of the Spell Bowl, Decathlon or Super Bowl teams, students had to be determined and disciplined.

River Forest's academic teams represented the school well during

the school year. Mrs. Kathy Hooks and Mrs. Roberta Harnish served as coaches for the teams and led them to victories.

RF hosted the Northwest Indiana Hoosier Conference Academic Super Bowl, in which six schools competed. In conference, River Forest performed well and received a first place in the area for fine arts and a

third place over all.

In Decathlon competition, Greg Butler, senior, led the team with a first place in the English division.

In the spring, Randy Kingery, Vanessa Reeves and Brian Ray were named Academic All-Conference.

The Spell Bowl team received a second place in area and a third place in conference.



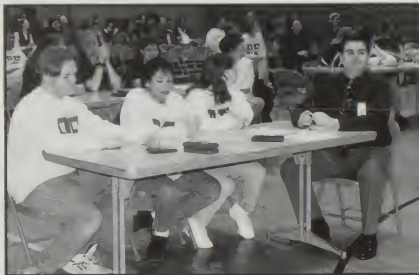
Junior Jason Scott writes down the answer as teammates junior Harmony Kingery and senior Randy Kingery watch during the Super Bowl mathematics competition.



Members of the RF Super Bowl Squad give support for their fellow competitors.



Junior Joe Bull receives a medal and ribbon for second place in mathematics at the Academic Decathlon.



Senior Greg Butler and juniors Vanessa Reeves and Nicole Squires wait for the correct answer at the Super Bowl English competition.

An award is presented to senior Greg Butler for first place in English at the Academic Decathlon competition held at Kankakee Valley.

Under Construction

Yearbook Staff

Editor.....	Mary Lemke
Business Manager.....	Nichole Woelk
Clubs Editor.....	Michelle Doffin
Portraits Editor.....	Janette Loughran
Activities Editor.....	Christal Pavlik
Sports Editor.....	Eva Piesyk
Academics Editor.....	Misti Studler
Staff.....	Margaret Allen
Staff.....	Kate Butchko
Staff.....	Jody Sutton
Photographer.....	Tracy Moreland
Photographer.....	Benjie Kincheke

What would a school be without student publications to report all the memories that happened during the school year, whether positive, negative or in between?

The Journalism Depart-

ment had an eventful year. The newspaper staff began the year with the task of getting to know a new adviser. With the experience of a veteran editor-in-chief, the year managed to get off to a great start and end productively. This year, the newspaper staff added members to the Quill and Scroll Society that began at RF last year.

The yearbook staff had an equally productive year. Staff members attended a workshop in the fall where they found their theme,

Under the Surface. They also raised money with a booth at the Multicultural Fair in the spring. During the year, they reorganized several sections of the 1997 *Ingot* yearbook.

Faculty and staff alike noticed the hard work and dedication these staffers displayed in their work and Mr. Don Callahan, principal, threw a pizza party for them. Staff members were also honored at the spring banquet where it was again proven that hard work paid off.



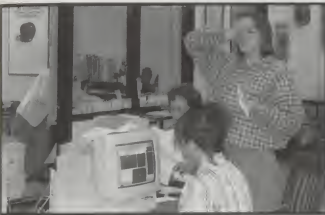
Members of the yearbook staff spend time browsing through yearbooks from other schools to obtain ideas while at the one-day workshop at Merrillville high school. The seminar was sponsored by Walsworth Publishing.



Seniors Jill Martin, Trina Bock and Wendy Lavrick review copy for an upcoming issue of the newspaper.



Misti Stutler, senior, experiences a moment of panic while her adviser, Miss Francie Blaney, tries to save her double page spread.



Senior Wendy Lavrick receives her publications pin and award at the Journalism Banquet at Paragon restaurant.



Yearbook members juniors Christal Pavlik and Mary Lemke choose pictures during class for publication in the yearbook.

Senior Michelle Doffin and Junior Margaret Allen complete their spreads for the clubs section of the yearbook.



Junior Sarah Farthing inputs copy into the computer during newspaper class.

Newspaper Staff

Editor-in-Chief.....	Wendy Lavrick
Sports Editor.....	Jill Martin
Assistant Sports Editor.....	Mike Cortez
Page Editor.....	Becky Chirch
Page Editor.....	Sarah Farthing
Page Editor.....	Tracie Mezera
Page Editor.....	Stacey Shrewsbury
Photographer.....	Angela Bell
Reporter.....	Trina Bock
Reporter.....	Michelle Brass
Reporter.....	Greg Gilliana
Reporter.....	Jill Loughran
Reporter.....	Melissa Luellman
Reporter.....	Carol Persley
Reporter.....	Tiffany Szparaga
Reporter.....	Loni Verdugo

Junior Jeremy Gallo plays a solo during a Jazz Band performance at the Christmas assembly.

River Forest's Golden Ingot Pride Marching Band entertains the crowd during a pregame show.



Choir members help to celebrate Christmas as they sing a song at the Christmas assembly.

Mr. Weldon Slater, band director, conducts the symphonic band during the Christmas assembly. As a tradition, the Band played *Jingle Bells Rhapsody* by J. Pierpont.



MUSIC

in the Making

Musical organizations at River Forest exploded into a new year with excitement and teamwork. Over the course of the year, both the band and choir spent many hours practicing to get their performances just right.

The Marching Band started the year off with an exciting halftime show, featuring pop dance songs that "got fans moving" with the YMCA and the Macarena. Later in the year, the Marching Band participated in the St. Patrick's Day Parade in Chicago.

The Jazz Band accomplished a great deal with their practicing. They were awarded a first place in

the state contest Division One. This was the first time RF had achieved this honor since 1989.

The Choir had an equally successful year. The junior high performed a Christmas musical, as well as at such places as the Southlake Mall and Brookfield Zoo. The high school also participated in such activities and traveled to the Children's Museum in Indianapolis.

After a difficult transition due to the death of Mr. Joe Kapciak, the Choir direction was taken over by Miss Diane Smith.

As the year came to a close, both choirs spent time preparing for their annual spring concert.



Mr. Joseph Kapciak directs the junior high Choir as they sing Christmas carols at the community sing-along.

Members of the Double Trouble Chorus perform during the junior high Christmas musical.



The River Forest Golden Ingot Pride Marching Band marches in the frigid air at the St. Patrick's Day Parade in Chicago.



Freshman Andrew Degman and eighth grader Steven Palmer argue who is the better football player in the play *Love, Death and the Prom*.



Drama club members dance during the last scene of *Love, Death, and the Prom*.

Portraying pirates in *Lagooned*, 8th graders Becky Cisneros and Fernanda Heridia and seventh grader Toni Kennedy discover a chest filled with jewels.

Lagooned

Witch Doctor.....	Ricky Gonzalez
Hula.....	Loni Verduzco
Jungle Princess.....	Jeanette Podgorski
Jones.....	Tara Torres
Ensign Mulch.....	Jessica DeFord
Arlene Zane.....	Sarah Saalwaachter
Ben Cheddar.....	Jeremy Gallo
Jan.....	Annette Piesyk
Brenda.....	Kim Skalik
Tom Butterworth.....	Andy Degman
Mrs. Withers.....	Jennifer Massey
Douglas.....	Becky Cisneros
Miss Buford.....	Christena Besaw
Honey Hotchkiss.....	Rosemary Mitchell
1st Little Old Lady.....	Maria Burge
2nd Little Old Lady.....	Charity Rodriguez
Jogger.....	Melissa Bagley
Cody.....	Joel Soto
Gorilla.....	Sheila Gutierrez
Trixie Lupino.....	Lily Ginono
Antonio.....	Fernanda Heridia
Pirate One.....	Toni Kennedy
Pirate Two.....	Becky Cisneros
Amelia Rushmore.....	Erica Mullins
Moyor.....	Jessica DeFord
Louisa Hale.....	Toni Kennedy
Director.....	Mrs. Diane Chary
Crew: Nick Hardesty, Natalie Hardesty, Steve Palmer, Jason Rogers, John Schwei, Yolanda Puentes and the River Forest Elementary Student Council.	



Quiet on the Set!



Captain Tom Butterworth, played by freshman Andrew Degman blows a whistle to get the attention of standard passengers in the play *Lagooned*.



During the play *Love, Death, and the Prom*, sophomore Melissa Bagley excitedly tells senior Shelia Gutierrez that she has just won the "Fox Award."

During its second consecutive year in action since it was revived at River Forest, the Drama Club kept its fans in a whirlwind of emotions.

On December 5, the organization performed the play *Lagooned*, a hilarious tale about a cruise liner that, along with its upper class and ritzy passengers, becomes shipwrecked on a deserted island. The cast constructed the creative set themselves, using materials such as construction paper and cardboard. The tall palm trees and brightly colored exotic flowers made the members of the audience feel as though they were sitting in the midst of a tropical paradise full of laughter and surprises.

The second play of the year, *Love, Death, and the Prom*, was presented on March 6, and the production consisted of nine different scenes. Each scene dealt with a different aspect of high school life, ranging from suicide to the rules of dating.

As in previous years, the junior high and high school members of this club participated in the Multicultural Fair by selling carmel apples and painting faces.

Love, Death, and the Prom

Ricky Gonzalez
Jessica DeFord
Sarah Saalwaechter
Jeremy Gallo
Andy Degman
Melissa Bagley
Shelia Gutierrez
Erica Mullins
Jennifer Massey
Steve Palmer
Valerie Pennington
Shawn Reynolds
Linda Bailey
Melody Brawley
Joel Soto
Mrs. Diane Chary, director

Learn As We Speak

During the year, the Spanish Club benefited the school and community in numerous ways. The club held its annual food drive in the fall and distributed the canned goods to needy families in the area. The organization also hosted the last informal dance of the school year, in which all of the proceeds were donated to the Kapciak family.

In addition to the Spanish Club, River Forest gained two new foreign language clubs. The student body welcomed the French Club and Bilingual Educational Students Organization (BESO). All three clubs participated in the Multicultural Fair. The BESO dancers performed for the crowd, while the Spanish Club sold tostados and French Club prepared crepes.



Members of the French Club present the play *L'école Française* during Multicultural Week.

Freshman Raquel Montes, a member of BESO, performs at the Multicultural Food Fair.



Members of BESO practice the Samba dance for several weeks for their Multicultural Week performances.





Exhibiting intricate steps, seventh grader Silvia Montes and junior Joel Alvarez perform a dance at the Multicultural Food Fair.



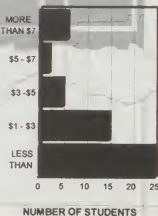
Freshman Betsy Rosado and junior Jasmina Perez prepare dessert crepes for the French Club.



During the annual Multicultural Food Fair, freshman Jesenia Lopez sells tostados for the Spanish Club.

Seventh Graders

AMOUNT SPENT ON VENDING
MACHINES, CANDY, AND
JUKE BOX



Amber Andrews
Heather Aguilar
Kendra Antle
Melissa Ballard
Chad Base
Leslie Blankenship
Jill Bonner
Christopher Breese

Angeli Burgos
Angela Calvillo
Emily Cheek
Leann Cefilian
Jenna Claxton
Rushelle Crane
Amy Credeur
Amunda Crofton

Melissa Cram
Scott Cuebas
Nicole Davis
Cynthia DeGroot
Marie Evans
Daniel Farthing
Stephen Fezzor
Tammy Flowers

Mynah Fontanez
Kyle Frater
Jana Garcia
Jennifer Goldersleeve
William Goble
Jill Gonzales
Hope Green
Elijah Gregory

Laura Grunewald
Stacey Gumm
Justin Guzman
Elizabeth Hall
Lissette Herrera
Ray Hopper
Theresa Ivey
Stephane Kalbreier

Starting a New Beginning

For most seventh graders, seventh grade was a drastic change from elementary school. However, they also realized that this was a new beginning and their chance to start over.

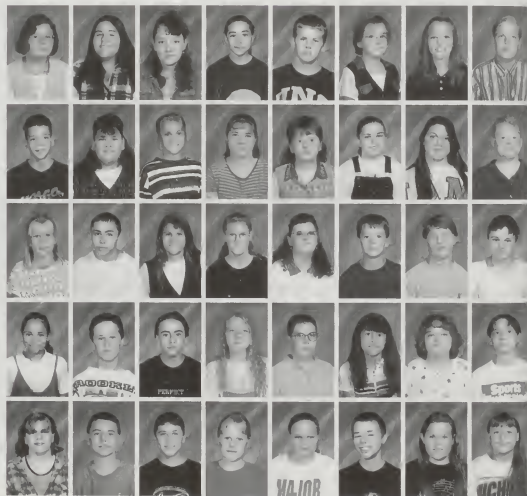
Seventh grade students had a busy year. Class members helped the Student Council organize dances, plan activities for Spirit Week, and hold a food drive.

Members of the class traveled to Illinois on a field trip to Brookfield Zoo. Mr. Don Watkins helped in the planning of that event. Mrs. Tina Clindaniel organized an assembly where the seventh graders could

experience stress relieving techniques. That assembly was hosted by Clinical Hypnosis' Mr. Tim Shurr.

Seventh grade home economics classes underwent an experimental change. Normally, the classes work on sewing projects and housing; however, a foods course was added. "We just wanted to see how this would work," explained Mrs. Pat Sisk. The classes created pillows and pincushions and learned how to make nutritional, fun-to-eat snacks.

Mr. Paul Volk's seventh grade art classes constructed color wheels, abstract art, plaster, and stained-glass projects.





Michael Keller
Lindsey Kolesca
Christopher Lemmon
Isa Leon
Keith Lindahl
Barbara Ling
Tommy Ling
Matthew Lopez

William Lowe
Michael Mason
Clifford McCarty
Christopher Melendez
Michael Minarch
Jeffery Mitchell
Salvador Montes
Riger Mosqueda

Stephanie Neely
Mallen Newcomb
Joseph Nuzzo
Nicole Pardo
Valerie Pennington
Erika Perez
Beth Persley
Raphael Price

Natalie Qumlan
Kimberly Reder
Charles Reeves
Christopher Reynolds
Jesica Reynoso
Martin Reynoso
Andrew Rodriguez
Juan Rodriguez

Ricardo Rodriguez
Heather Roycom
Kudila Romero
Charles Roth
Samuel Saulwachter
Sarah Saylor
Elizabeth Schillke
Richard Servin

Johnny Smith
Neil Surkey
Edward Sujaency
Amanda Sturgill
Larry Swarts
Shannon Thomas
Desiree Torres
Joel Torres

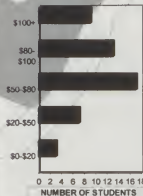
Leana Torres
Tara Torres
Victoria Tschopp
Brian Westmoreland
Mara Wilson
Taylor Wilson
Betsy Yzaguirre
Eric Zepeda

Mrs. Gloria Komosa's seventh grade students Nicole Pardo and Barbara Ling construct yarn tapestries during Fresh Air Day.



Eighth Graders

AMOUNT SPENT ON SHOES



Sevasti Alahouzos
Nicole Alonzo
Amber Alexander
Tanya Allison
Thomas Ayl
Brandy Ayala
Adam Baker
Jerry Beeson

Ryan Boldec
Jason Buchmeier
Maria Burger
Christina Burns
William Carns
Lolita Christopher
Jose Cisneros
Rebecca Cisneros

David Collazo
Brandon Crofton
Neil Czoska
Francisco Cuevas
Primitivo Del Valle
Maralena Dominguez
Jodi Fields
Jessica Flatt

Tanya Flores
Heather Free
Noemi Fontanez
David Gilarski
Colette Gregory
Andrea Guzman
Ryan Harder
Nicolas Hardy

Preparing for What's Ahead

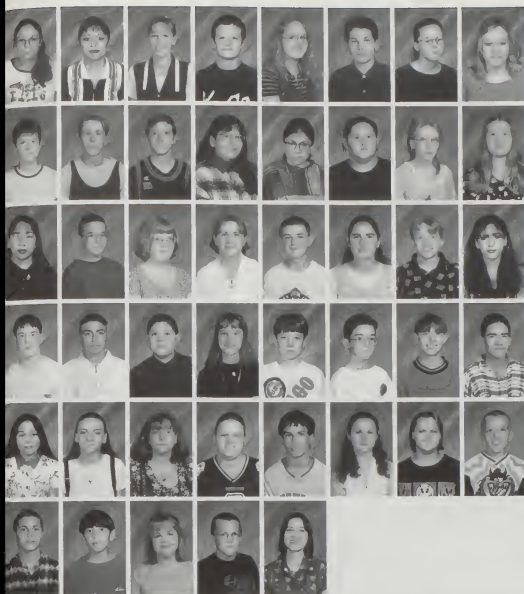
Being top of the junior high had advantages and disadvantages. Eighth graders were suddenly faced with making important decisions in their lives. They were not only preparing for high school, but for life.

Eighth grade home economics classes worked on foods projects such as miniature pizzas, fruit salads, and Rice Krispie treats. They also studied interpersonal relationships and child

development.

Mrs. Tina Clindaniel's eighth grade English classes wrote plays. The eighth graders took a field trip to the Museum of Science and Industry in Chicago, which was organized by Mr. Don Watkins. At the museum, they learned about health, science, and history. The museum had everything from fairy castles to ancient carriages. They also experienced a virtual reality center.





Fernanda Heredia
 Amanda Herrera
 Trisha Hopper
 Dustin Ingram
 Nicole Joseph
 David Kelley
 Courtney Krasoczka
 April Lewis

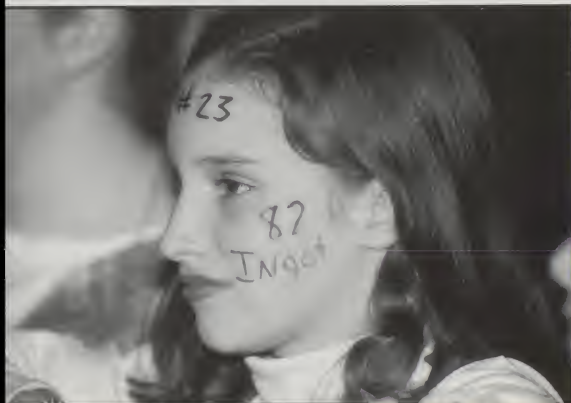
William Loving
 Timothy Lyle
 Harry Manos
 Jennifer Massey
 Kymberlee McKinney
 Anneliz Medina
 Georgia Mitchell
 Ruth Norman

Jessica Nunez
 Frank Nuzzo
 Wendy Paolery
 Amanda Palmer
 Steven Palmer
 Alison Patterson
 Jason Pavlik
 Christina Pedroza

Steven Peck
 Jason Perez
 Edgar Ramos
 Angela Rebeck
 Shawn Reynolds
 Matthew Roach
 Jason Rogers
 Miguel Rosado

Sara Russi
 Jamie Sellers
 Logan Silich
 Joshua Smith
 Joel Soto
 Pia Squires
 Shelly Therault
 Jason Tschopp

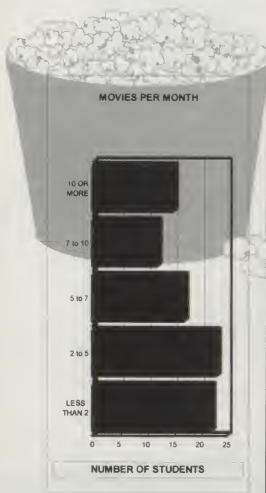
Curtis Tuley
 Ramon Verdugo
 Amber Waggoner
 Edward Webbsell
 Aisha Wright



Cheerleader Angela Rebeck, eighth grader, displays her Ingot spirit at the Football Homecoming game.

Eighth grader Sevasti Alahouzos "clowns around" during Mr. Don Watkins' history class. Sevasti was a clown for Halloween.

Freshmen



April Aguirre
Stephen Alexander
David Ard
Paul Arnold
William Balkeuf
Richard Baron
Melissa Bodlovich
Josue Bojorquez

Melissa Bradford
Becca Broderick
Malinda Burge
Monica Burgos
Callena Burns
Frank Caponile
Irvin Cartagena

Jesse Catlin
Rebecca Clench
Amber Cullinan
Stacy Clark
Jennifer Clifford
Edward Coates
Joseph Coates
Anthony Colon

The Class of 2000, not '00

Too early to celebrate the millennium? It wasn't for the freshmen students at River Forest. As they entered the high school, this Freshman Class became the Class of 2000.

Members of the class began the fall months by participating in Spirit Week activities.

Throughout the year, the Class of 2000 conducted fund raisers. The group sold M & M's and Snickers. Miss Danyelle Ware served as the sponsor of the Freshman Class.

Leading the Class of 2000 were Benjie Kincheloe, president; Rebecca Chirch, vice president; Raquel Montes, treasurer; and Malinda Burge, secretary.



Freshmen Amy Parnell, Veronica Mundo and Kevin Shinkle laugh together as they read a book in the RF Library.





Freshmen Rebecca Flowers and Charity Rodriguez sit in the library on Halloween exploring a magazine.



Freshmen Frank Caporale spots Alex Mefford as they lift weights during gym.



Christopher De Vault
Andrew Degman
Elisa Del Valle
Timothy Dixon
James Donnelly
Nicholas Duff
Billy Fast
Rebecca Flowers

Elizier Fontanez
Paul Garcia
Chery Grunewald
Sherrie Guster
David Hall
Christal Harder
Tabatha Harrison
Joey Heston

Roberto Hernandez
Tiffany Hopper
Jonathan Horn
Michael Jimenez
Jeremy Jones
Anne Kearby
Charles Keel
Denise Kennedy

Matthew Kennedy
Becky Kincheloe
Samantha King
Alexander Lee
Thomas Long
Jesenia Lopez
Michael Lopez
Jill Loughran



Freshman Stephen Alexander, junior Victor Arocho and sophomore Gary Moss listen to a speaker discuss mathematics and science opportunities during Career Day.



Waiting to be called into the competition, freshmen Tracie Mezera, Rebecca Church, Jessica Sutton and Leticia Verdugo cheer their fellow freshman teammates during the Spell Bowl competition.

Freshmen Tracie Mezera and Andrea Neyhart decorate the freshman truck for the Homecoming Parade.



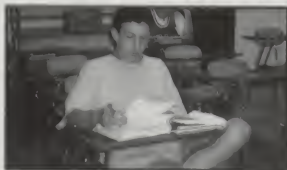
Edward Maldonado
Kyrak Martinez
Manuel Martinez
Jenifer Moya
Allen McIlford
George Mendez
Sergi Mendosa
Tracie Mezera

Edward Monte
Juan Monte
Raguel Montoya
Raul Mosquera
Veronica Mundo
Andrea Neyhart
Tara O'Hara
Sunny O'Hara

Bruce Osterander
David Ortiz
Amy Parnell
Rebecca Phillips
Aurianne Pinsky
Samantha Pizarro
Jaron Rebeck
Jaron Reil



Freshman Stephen Alexander reviews his assignment while he is in Miss Francie Blaney's second hour English class.

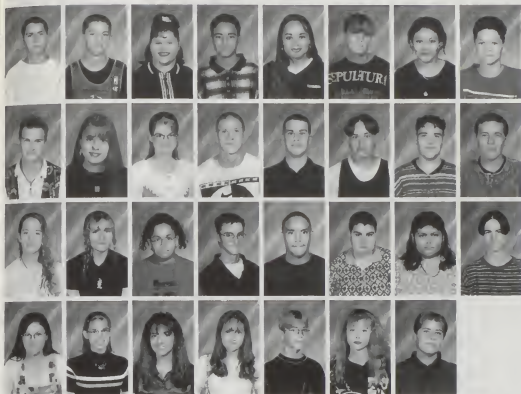


Freshman Richard Baron babysits for a fellow student's child development class baby egg.





Awaking from their slumber, freshmen encourage their Spell Bowl team on Pajama Day.



Marc Remus
Leighton Rhodes
Charity Rodriguez
Henry Rodriguez
Betsy Rosado
Susan Roth
Violeta Salas
Michael Sargent

Brian Schilke
Brandy Schultz
Christa Serles
Kevin Shinkle
Paul Smith
Scott Snyder
Jonathan Soto
Andy Stover

Jessica Sutton
Tiffany Zapagara
Adriana Tellez
Harold Therault
Maurice Thomas
Theodore Turinski
Irene Valenzuela
Thomas Vaughan

Leticia Verdazco
Victoria Wallace
Nicole Williams
Angelique Wilson
David Wilson
Sarah Woodruff
Matthew Wisner

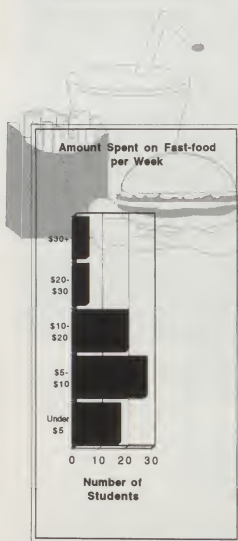


Freshmen Sherrie Gunter and Becca Broderick cook onion rings with senior Melissa Clifford during Fresh Air Day.

Freshman Samantha Pieschala decorates the cheerleaders' truck for the Homecoming Parade.



Sophomores



Dolile Aguilar
Miguel Astorga
Amanda Atterbury
Melissa Bagley
Terri Ballard
Erica Barrow
Timothy Beals
Douglas Blowers

Misty Borens
Tiffany Bowen
William Bowersock
Michelle Brass
Bernard Breeze
Kate Butchko
Natalie Cartagena
Derek Carter

Derek Chirch
Alex Cisneros
Shane Coleman
Eliesser Concepcion
Mara Concepcion
Ryan Cionka
Mara Cuevas
Jessica DeFord

Getting the Job Done

Sophomore Class members worked hard during the year to organize class activities and display school spirit. Mr. Lyle Neal, Sophomore Class sponsor, was very supportive of the class.

Homecoming Parade, and won first place in the Spell Bowl Competition during Spirit Week.

Sophomore Class officers were Derek Chirch, president; Kevin Wilson, vice president; Kristin Gilliana, treasurer; and Troy Mezera, secretary.



Sophomores celebrate their victory in the Homecoming assembly Spell Bowl during Spirit Week. The sophomores placed first at this competition held in the Bill Logan Gymnasium.





Matthew Doffin
Michael Domic
Brian Dweck
David Fontanez
Edu Fontanez
Patricia Gallegos
Eric Gaskins
Kristen Gilliana

Damaris Ginterio
Ricky Gonzalez
Joseph Griffin
Natalie Hardisty
Amanda Harris
Javier Heredia
Francisco Hernandez
Melissa Herring

Amanda Higgins
Jennifer Kinder
Janice King
Kathy King
Anthony Kases
William Koch
Joseph Kozledge
Richard Lewis



Sophomore Ricky Gonzalez performs as the "witch doctor" in the Drama Club's production of "Lagooned."

Playing his drums, Eric Gaskins, sophomore, marches in the Band during a high school football game.

Crystal Lightfoot
Elizabeth Lockhart
Melissa Luellman
Stephanie Lyle
Juan Martinez
Rick Meazra
Troy Mezera
Gary Moss

Erica Mullins
Nathan Nalley
Theresa Neely
Jason Noel
Gunny Nord
Cassandra Pardo
Michael Persley
Jared Peters

Susanne Pruznak
Yolanda Puentes
Candy Robinson
Nathan Romo
Lisa Ruess
Jason Saklak
Annette Sanchez
Margarita Santiago



Sophomore Jessica DeFord performs as her character of the mayor in the Drama Club production of "Lagooned."



Troy Mezera, sophomore, helps prepare balloons to show his support of Red Ribbon Week.



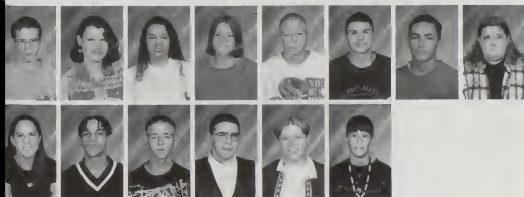
Sophomores Suzanne Pruznak and Kathy King paint spirit banners for the football players.



Junior Varsity Cheerleaders "pump up" the Sophomore Class during the tenth grade battle cry



Sophomore James Wilson helps a fellow classmate with his mathematics assignment.



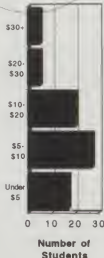
Lance Schmidt
Jennifer Series
Shannon Servin
Kimberly Skalik
Steven Stone
Dean Teel
Clayton Torres
Susan VanVleet

Amber Varney
Hector Vega
Anthony Wilson
James Wilson
Kevin Wilson
Scott Young

Juniors



Amount Spent on Fast-food per Week



Maria Aguilar
Margaret Allen
Troy Allen
Jonathan Alt
Joel Alvarez
Victor Arcocho
Jennifer Baldauf
Christina Besaw

Jacqueline Boqueruz
Joseph Bull
Elizabeth Cano
Kristina Caporale
Christopher Carlson
Krystal Carroll
Joshua Cole
Todd Compton

Christina Coons
Cassandra Cruz
Rhianna Donnelly
Steve Dwecki
Timothy Dalin
Stephen Duran
Sarah Farhang
Noel Fontanez

Class stomps, yells, screams

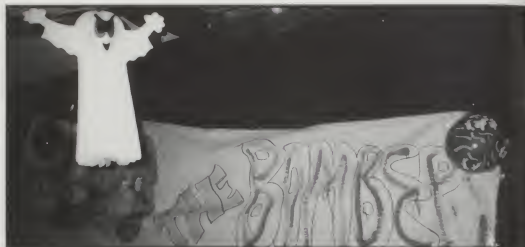
Shouting with enthusiasm, the juniors yelled and screamed their battle cry at the football Homecoming assembly. They waited impatiently as the judges conferred. Suddenly, Mrs. Pat McNabb walked to the microphone, calmed down the crowd and announced the winner. With 224 points, the juniors were victorious.

During the year, the juniors also traveled to Purdue Lafayette to see

"The Crucible." The play was an all day field trip.

The class also sponsored the '97 Prom. Class members held many fund raisers during the year to finance the spring dance. Fund raisers included selling candy sticks, Starbursts and Skittles, and Ingot sweatshirts.

Leading the class were Alicia Long, president; Nicole Squires, vice president; Jennifer Karageorge, treasurer; and Vanessa Reeves, secretary.



Excited about Homecoming, juniors decorate their halls with Halloween decorations. The '97 theme was *Boo the Bombers*.



Junior Krystal Carroll, enthused with Spirit Week, paints her face red and gold to show her true River Forest spirit.



Juniors Alicia Long, Christena Besaw, Robert Joy and Stephanie Santiago clap and cheer as their team receives a correct answer during the Homecoming Spell Bowl competition.



Jeremy Gallo
Angel Galariski
Jessica Gonzales
Patricia Gonzalez
Phillip Guerrero
Jeff Gunned
Melissa Harmon
Jesica Heredia

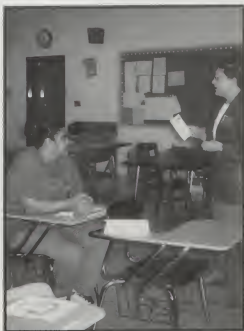
Raul Holguin
April Hook
Charles Hudson
Stephanie Jansen
Robert Joy
Jennifer Karagorge
Karin Kawohl
Harmony Kingery

Thomas Lane
Mary Lemke
Alicia Long
Jeffery Long
Juan Martinez
Luis Martinez
Jeremiah Melendez
Juan Mendoza

Juniors Stephanie Jansen and Beth Weger cook up some treats during Fresh Air Day.



Shouting their loudest during Spirit Week, juniors yell out their battle cry.



Rasha Elshobasy, junior, listens to a speaker during Career Day.



Wendi Miller
Hendy Mills
Rosemary Mitchell
Danielle Monahan
Christina Morris
Michael Morris
Nicole Morris
Becky Nunez

Miranda Odle
Nicholas Ostado
Christal Pavlik
Cassandra Pennington
Jacmina Perez
Bobbie Phillippe
Eva Piesyk
Jeanette Podgorski

Billy Ralph
Michelle Ramoa
Brian Ray
Vaneva Reeves
Eugenio Rodriguez
Erick Roth
Pablo Rossi
Sarah Szalwaechter



Junior Angela Bell paints a bulls eye on her face for Army Day during Homecoming Week.



Juniors Christal Pavlik and Eva Piesyk decorate a truck before the Homecoming Parade.





Christina Fay
(1980-1996)

Christina was a junior at River Forest High School. She attended River Forest Elementary School and River Forest Junior High School. In junior high, she was active in choir.

Christina's hobbies and activities included reading, writing poetry, basketball, swimming, bowling and playing pool.



Angel Gilarski, junior, sits in Mrs. Kathy Hooks' second hour class dressed as an angel for Halloween.



Sporting a frightening masks for Halloween, junior Mike Sellers (center) appears not to affect his fellow classmates in Mrs. Natalie Keller's second hour English Class.



Juan Salas
Stephanie Santiago
Doug Schadel
Jason Scott
Heather Serles
Michael Sellers
Jason Shalala
Jennifer Scott

Stacey Shrewsbury
Nicole Squires
Jody Sutton
Mendee Taylor
Kelly Thernault
Sara Thompson
David Tolin
Jason Varney

Melissa Vaughan
Rosie Vaughan
Danny Vckon
Rita Verdugo
DeAngela Ward
Beth Weger
James Wrologorski
Megan Wilson

Class of 1997

Senior Credits

Faith Alahouzos: Marching Band 1,2,3; Cheerleader 3; Girls Basketball 1.

Michelle Avakian: Student Council 4; Marching Band 1.

Taiwan Bankhead: Cheerleader 4; Football 3,4; Boys Cross Country 3,4; Wrestling 3,4; Baseball 3; Bench Press Contest 3,4.

Trina Bock: Marching Band 1,2,3,4; Auxiliary Corps 2,3,4; Newspaper 2,3,4; Cheerleader 1; Volleyball 1; Class Vice President 4.

Greg Butler: Spell Bowl 2,3,4; Academic Decathlon 2,3,4; Super Bowl 2,3,4.

Amrik Carroll: Marching Band 1,2,3,4; Jazz Band 1,2,3; Boys Basketball 1,2.

Ricky Chandler: Football 2,3,4.

Jesse Cisneros: Honor Society 2,3,4; Academic Decathlon 3,4; Super Bowl 2,3,4; Student Council 1,2,4; Marching Band 1,2,3,4; Pep Band 1,2; Spanish Club 2, vice president 2; Football 3,4; Boys Cross Country 1,2; Wrestling 1,2,3,4; Boys Track 1,2,3,4; Class Vice President 1,2; Class President 4.

Melissa Clifford: Marching Band 1,2,3,4; Pep Band 1,2,3,4; Spanish Club 2.

Michael Cortez: Honor Society 2,3,4, president 3,4; Quill and Scroll 4; Academic Decathlon 3; Super Bowl 3,4; Student Council 1,2,3,4, treasurer 2, vice president 2,3; Marching Band 1,2,3, vice president 3; Newspaper 3,4; French Club 4; Football 1,2,3,4. All-State Honorable Mention 4, All-Conference 2,4, All-State Academic 4; Boys Track 3; Baseball 2; Mr. Football 4; Bench Press Contest 2,3,4; Class Vice

President 3; Class Treasurer 2.

Michael Cruz: Marching Band 1,2,3; Football 1,2,3,4; Baseball 1,2,3,4; Bench Press Contest 1,2,3,4.

Christina Cuevas: Chorus 2,3,4; Spanish Club 2,3,4; Girls Tennis 2; Football Homecoming Queen Court 4.

Elizabeth Diaz: Auxiliary Corps 1; Chorus 1,2.

Michelle Doffin: Honor Society 3,4; Quill and Scroll 3,4; Marching Band 1,2; Chorus 3; Yearbook 2,3,4.

Milagro Dominquez: Marching Band 1,2,3,4; Girls Cross Country 1,2,3,4; Girls Basketball 1,2,3,4; Girls Track 1,2,3,4; Softball 4.

Scott Fields: Spell Bowl 3,4; Academic Decathlon 2,3,4; Super Bowl 1,2,3,4; Golf 1,2.

Marissa Flores: Student Council 1; Chorus 1,2,3,4.

Darren Flowers: Marching Band 1,2,3,4; Pep Band 3,4; Jazz Band 4; Boys Cross Country 2,3,4; Wrestling 2,3,4.

Derrick Flowers: Marching Band 1,2,3,4; Pep Band 4; Jazz Band 4; Yearbook 2; Boys Cross Country 2,3,4; Wrestling 1,2,3,4.

Benjamin Fontanez: Football 3,4; Boys Basketball 3; Boys Track 3; Baseball 4.

Moses Fontanez: Marching Band 1; Football 4; Boys Basketball 3,4; Boys Track 3,4.

Rebecca Fontanez: Chorus 3.

David Gill: Football 1,2,4; Boys Tennis 3; Baseball 1,3.

Greg Gilliana: Marching Band 1,2,3,4; Pep Band 1,2; Newspaper 4; Football 2; Boys Tennis 1,3; Wrestling 1,2,3,4; Baseball 1,3.

Lilia Ginorio: Drama Club 4; Chorus 1,2,3.

Doug Guess: Marching Band 1,2,3,4; Pep Band 1,2,3,4; Jazz Band 1,2,3,4; Cheerleader 2,3; Football 1,2,4.

Sheila Gutierrez: Drama Club 4; Marching Band 1; Auxiliary Corps 1; Volleyball 1,4; Girls Tennis 1,2,3,4.

Charlotte Hale: Honor Society 2,3,4; Chorus 1,2,3,4.

Adam Hall: Marching Band 3,4; Football 1; Boys Basketball 1,2,3,4; Baseball 1,4; Bench Press Contest 4.

Gary Hardesty: Marching Band 1,2,3,4; Football 1,2,3,4; Wrestling 1,2,3,4; Golf 1; Baseball 2; Bench Press Contest 1,2,3,4.

Emmanuel Heridia: Marching Band 1,2,3,4; Pep Band 4; Football 1,2,3,4; Boys Track 3,4; Bench Press Contest 3,4.

Gustavo Hernandez: Football 2,3,4; Boys Basketball 1,2,3,4; Boys Track 2,3,4.

Luis Hernandez: Cheerleader Lifter 1; Spanish Club 2,3; Baseball 1,2,3.

Omar Hernandez: Marching Band 2,3; Cheerleader Lifter 1; Spanish Club 2; Football 4; Baseball 1,2,3,4.

Johnny Herring: Marching Band 3; Boys

Tennis 1,2,3,4; **Boys Basketball** 1,2,3,4; **Boys Track** 3,4; **Baseball** 1,2,3,4.

Catherine Hook: Chorus 2,3,4; **Cheerleader** 3.

Jill Horn: Honor Society 2,3,4, vice president 4; **Marching Band** 1,2,3,4; **Girls Tennis** 1,2,3,4; **Girls Basketball** 1,2.

Leon Hudson: Student Council 2,3; **Marching Band** 1,2,3; **Football** 4; **Boys Tennis** 3; **Boys Basketball** 1,2,3,4, All-Conference 3, All-State Honorable Mention 3; **Baseball** 4; **Class Vice President** 2; **Class President** 3.

John Hughes: **Spell Bowl** 4; **Academic Decathlon** 4; **Super Bowl** 4; **Student Council** 4; **Chorus** 1; **Spanish Club** 2; **Football** 1,2; **Wrestling** 1,2; **Golf** 1,2.

Sandra Jimenez: Honor Society 2,3,4; **French Club** 4, president 4; **Girls Cross Country** 1; **Girls Track** 1,4; **Football Homecoming Queen Court** 1,4.

April Kaehler: **Girls Basketball** 3,4.

David Keefover: **Golf** 1,2,3,4.

Randy Kingery: Honor Society 2,3,4; **Spell Bowl** 3,4; **Academic Decathlon** 3,4; **Super Bowl** 3,4; **Marching Band** 1,2; **Yearbook** 2; **French Club** 4.

Wendy Lavrick: Honor Society 3,4, treasurer 4; **Quill and Scroll** 4; **Auxiliary Corps** 3,4; **Newspaper** 1,2,3,4, editor 3,4; **Cheerleader** 1; **French Club** 4; **Class Secretary** 3.

Sandi Lockhart: Chorus 1.

Janette Loughran: **Marching Band** 1,2,3,4; **Yearbook** 4; **Cheerleader** 1,2,3,4, captain 1,2,3,4.

Jennifer Maldonado: **Marching Band** 1,2,3,4; **Girls Tennis** 1,2,3,4; **Girls Basketball** 1,2,3,4; **Softball** 2,3,4.

Christopher Manos: **Marching Band**

1,2,3,4; **Pep Band** 2,3,4; **Jazz Band** 4; **Boys Cross Country** 3,4; **Boys Basketball** 1; **Wrestling** 3,4; **Boys Track** 4; **Bench Press Contest** 3,4.

Jill Martin: Honor Society 2,3,4; **Quill and Scroll** 4; **Student Council** 1; **Marching Band** 1,2,3,4; **Auxiliary Corps** 3; **Newspaper** 2,3,4; **Girls Cross Country** 4; **Volleyball** 1,2,3,4; **Girls Basketball** 1,2,3,4; **Girls Track** 1,2,3,4; **Softball** 2,3,4; **Football Homecoming Queen** 4; **Football Homecoming Queen Court** 1,2,3,4.

Kim Mills: **Marching Band** 2,3,4; **Auxiliary Corps** 3,4; **Cheerleader** 1,2; **Softball** 2,3,4; **Class Treasurer** 4.

Crystal Mitchell: **Marching Band** 1; **Cheerleader** 1; **French Club** 4; **Volleyball** 1,2,3,4; **Girls Tennis** 1,2,3,4; **Girls Basketball** 1,2,3,4; **Softball** 4.

Tracy Moreland: Honor Society 2,3,4; **Marching Band** 1,2,3,4; **Pep Band** 1,4; **Yearbook** 4.

Shane Nalley: **Marching Band** 1,2,3; **Pep Band** 1,2; **Football** 3; **Bench Press Contest** 3.

Christina Newsome: **Marching Band** 1,2,3; **Volleyball** 1,2,3; **Girls Tennis** 1; **Girls Basketball** 1,2,3,4; **Softball** 2,3,4.

Mike Newsome: **Marching Band** 2,3; **Boys Tennis** 1,2,3,4; **Boys Basketball** 1,2,4; **Baseball** 1,3,4.

Eric Ostrander: Honor Society 2,3,4; **Spell Bowl** 2; **Academic Decathlon** 2; **Super Bowl** 2; **Marching Band** 1,2,3; **French Club** 4, vice president 4; **Football** 1,4; **Boys Cross Country** 4; **Boys Tennis** 2,3,4, All-Conference 4; **Boys Basketball** 1,2,3,4; **Boys Track** 3,4; **Baseball** 1,2,3,4.

Diane Palmer: **Student Council** 1,2,3,4; **Marching Band** 1,2; **Chorus** 4; **Class Treasurer** 1,2.

Carol Persley: **Yearbook** 2; **Newspaper** 3,4.

Mark Persley: **Wrestling** 1,2,3,4.

Bianca Polizzotto: **Student Council** 1,2; **Marching Band** 1,2,3,4; **Auxiliary Corps** 1,2,3,4; **Girls Track** 1.

Luis Quinones: **Football** 1,2,3,4, All-State Honorable Mention; **Boys Basketball** 1,2,3,4; **Boys Track** 1,2,3,4; **Bench Press Contest** 2,3.

Shannon Reeves: Chorus 1,2,3; **Girls Basketball** 1,4.

Crystal Richard: **Marching Band** 2,3; **Auxiliary Corps** 4; **Girls Tennis** 2; **Softball** 2.

Amie Rogers: **Marching Band** 1,2,3; **Girls Tennis** 2; **Football Homecoming Queen Court** 4.

Amanda Santmyre: **Marching Band** 1,2,3,4; **Auxiliary Corps** 2,4; **Softball** 4.

Peggy Simons: Chorus 2,3; **Cheerleader** 3,4; **Softball** 3,4.

Crystal Stover: Honor Society 3,4; Chorus 1,2,3; **Softball** 4.

Misti Stutler: **Quill and Scroll** 3,4; **Marching Band** 1,2,3,4; **Auxiliary Corps** 1,2,3,4; **Yearbook** 2,3,4; **Volleyball** 1,2,3,4; **Softball** 2,3,4; **Class Secretary** 4.

Kevin Tolin: **Marching Band** 3; **Boys Tennis** 2; **Boys Basketball** 2; **Baseball** 1,2,3,4.

David Torres: **Marching Band** 1,2,3; **Football** 1,2,3,4, All-State; **Boys Basketball** 1,2,3,4; **Boys Track** 1.

Mike Torres: **Boys Basketball** 2,4.

Rachel Vasquez: **Marching Band** 1,2,3,4; **Auxiliary Corps** 3,4; **Volleyball** 1,2; **Girls Tennis** 1.

Loni Verduzco: **Drama Club** 4; **Marching Band** 1,2,3; **Auxiliary Corps** 1,2,3,4; **Newspaper** 4; **Volleyball** 1,2,3,4; **Football Homecoming Queen Court** 1,2,3,4.

Roberta Willis: **Marching Band** 1,2,3,4; **Pep Band** 1,2,3,4; **French Club** 4; **Softball** 2,3,4.

Nichole Woelk: **Auxiliary Corps** 1,2; **Yearbook** 2,3,4; **Quill and Scroll** 3,4, president 4; **Volleyball** 2.

Senior Credits

Administrators Lead to Future

Throughout the 1996-1997 school year there were many changes taking place.

The administrators worked hard in order to improve the school's appearance inside and out. These improvements were brought about in abundance at River Forest this year. The improvements started when the canopy at the front of the school was rebuilt because it was collapsing. Next, a chair lift was added to the school in order to accommodate all River Forest students, present and future.

The administrators at River Forest also worked hard in preparation for PBA. They took out time to help the teachers prepare for the North Central Evaluation during the year.



River Forest Community School Corporation School Board: row 1: Mrs. Susan Pelfrey, Board Member; Mrs. Barbara Bennell, Secretary; Mr. Harry N. Pedroza, Sr., President; row 2: Mr. Leonard M. Gaskins Jr., Vice President, and Mr. Richard Arnold, Board Member.

Mr. Gerald E. McCullum
Superintendent

Mr. Robert W. Marszalek
Assistant Superintendent



Mr. Gerald McCullum, superintendent, reviews important paperwork to guide the River Forest Community School Corporation.



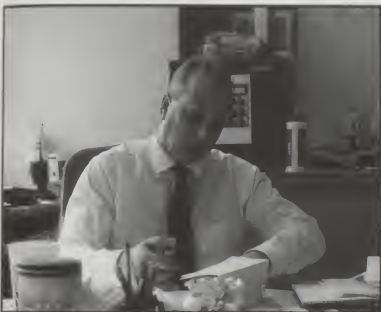
Mr. Robert Marszalek, assistant superintendent, reviews his calendar and organizes his daily work schedule.



Mr. Don Callahan, principal, directs students at River Forest High School.



Mr. Andrew Wielgus, assistant principal, completes student disciplinary forms.



Assembling correspondence, Mr. Monte Moffet performs duties as athletic director at River Forest Jr.-Sr. High School.



Mr. Richard Heavilin, junior high principal, looks over the records of his students.



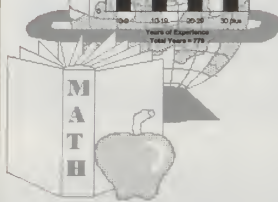
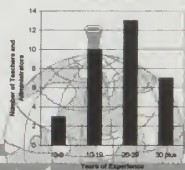
Mr. Don Callahan
High School Principal

Mr. Andrew Wielgus
High School
Assistant Principal

Mr. Richard Heavilin
Junior High Principal

Staff

**Teachers' and Administrators'
Years of Experience
(46 Responses)**



Mr. Fred Baker: Business and Economics

Mrs. Mary Ann Barkalow: Mathematics 7, 8; Algebra, Junior High Honor Society Sponsor; and PBA Steering Committee Chairperson

Miss Franice Blaney: English 9, 10; Yearbook Adviser; and Quill and Scroll Sponsor

Mrs. Mickie Bowersock: Assistant on bus number 15

Mrs. Donna Briggs: Social Studies 7; Health 7, 8; Physical Education 9; and Varsity Volleyball Coach

Mr. Jack Burton: Title I (Junior High) Mathematics; Varsity Football Coach; Intramural Sponsor; Weight Lifting Sponsor; and Varsity Boys Track Coach

Mrs. Joanne Casteel: LRE Facilitator/LD Teacher

Mrs. Barbara Cavalieri: Bus Driver

Mrs. Diane Chazy: Reading 7, 8; English 7, 10; Drama Club Sponsor; and Junior High Student Council Co-Sponsor

Mr. Rick Cherk: Beginning Band, Intermediate Band, Concert Band, Marching Band, Pep Band; Jazz Band, and Assistant Band Director

Mrs. Tina K. Chindaniel: English 7, 8; Gold Club Sponsor; PBA Steering Committee; and Varsity Softball Coach

Mrs. Irma A.N. Cuervo: Spanish LULILV and Spanish Club Sponsor

Mr. Charles Cullison: General Mathematics 7, 8; and Physics

Mr. Al Dettler: General Mathematics, Intro-Algebra, Geometry, Varsity Girls Tennis Coach; Varsity Boys Tennis Coach; and Varsity Boys Basketball Coach

Mrs. Ellen M. Fay: Paraprofessional

Mrs. Gayle M. George: Cafeteria Staff

Mrs. Penny Gilarski: Bus Driver

Ms. Marcia Grimes: Food Service Director

Mrs. Doris Guined: Junior High Guidance Secretary

Mrs. Roberta C. Harpold: Earth Science, General Science 7; Junior High Cheerleading Coach; and Academic Team Assistant Coach

Mrs. Carolyn Hickman: Title I Paraprofessional

Mrs. Kathy Hooks: Basic Biology, Chemistry I, II; Humanities; Academic Team Coach; National Honor Society Sponsor; and Science Department Chairperson

Mr. J. Ronald Hughes: U.S. Government; U.S. History; Civics 9; PBA/North Central Steering Committee Co-Chairperson; Multicultural Co-Chairperson; and Social Studies and Foreign Language Department Chairperson

Mrs. Peg Hunt: Library Media Specialist; Multicultural Co-Chairperson; Technology Planning Team; Media Department Chairperson; and PBA/North Central Steering Committee Co-Chairperson

It's Not Just a Hobby

Honors were an important part of the school year.

Mrs. Betty Newlin retired in the spring. Mrs. Newlin was a member of the school system for 17 years.

Also in the spring, Mr. Don Watkins, junior high teacher, was honored as the school's Outstanding Teacher.

In December, staff member Mrs. Carolyn Hickman was named 1997 Indiana ESP (Educational Support Personnel) of the year. Mrs. Hickman has served 32 years in the RF school system.



Mrs. Betty Newlin, junior high secretary, calls the homes of students who are absent from school that day





Mrs. Deborah Hutman: Bus Driver
Mrs. Laura Johnson: School Guidance Counselor 7,8,9 and Junior High Academic Coach
Mrs. Natalie Keller: English 11,12 and Speech
Mrs. Gloria Komosa: Art and Design I, II, Drawing and Painting I, II, Junior High Quilt, Junior High Girls Track Coach and Art Fair Coordinator
Mr. Drew Martin: Junior Algebra, Algebra I, Computer Programming, Calculus, Junior High Cross Country Coach, and Academic Team Coach
Mrs. Angie Martinez: Office Aide

Mrs. Barbara McKanley: Basic Mathematics, Basic Reading, and Vocational Skills
Mrs. Pat McNabb: Child Development, Parenting, Home Economics 8, IPR Family Living, Junior Class Sponsor, Senior Class Sponsor, and Student Council Sponsor
Mr. Marita Medina: Parent/Curriculum Coordinating, and ESL/Bilingual Paraprofessional
Mrs. Brenda Mihal: Custodian
Mrs. Sandra Mihal: English 9, 11, 12 and English Department Chairperson
Mr. Monte Moffet: Junior-Senior High Athletic Director

Mrs. Bernadette Monda: English 7, 8, 9, 10, BESQ, and Bilingual Director
Ms. Carol Needham: Library Assistant
Miss Laura Norman: Science 7, 8, Variety Volleyball Assistant Coach, Variety Girls Basketball Assistant Coach, and Variety Girls Track Coach
Mrs. Joann Palmer: Bus Driver
Mr. Robert Rajala: Manufacturing 8, Woods I, II, III, IV, and Industrial Technology Department Chairperson
Mrs. Jeanette Riley: Bus Driver

Mrs. Linda Ralph: Bus Driver
Mrs. Lenore Senowick: High School Head Custodian
Mrs. Betty Shadley: Treasurer
Mrs. Patricia Sisk: Home Economics 7, Beginning and Advanced Foods; Specialty Foods, and Home Economics Department Chairperson
Mrs. Linda Shattner: LDE/MHH Teacher (LRE); Basic Mathematics, Basic Science, Basic English; LRE Social Studies 9; LRE Practical English 8, and Resource 7
Mr. Weldon Slater: Marching Band, Wind Ensemble, Beginning Band, Intermediate Band, Fine Arts Department Chairperson, Band Director, and Bus Supervisor

Mrs. Diane Smith: Bus Driver
Mr. Jim Spencer: Health/Physical Education Department Chairperson, Conditioning/Fitness, Variety Boys Basketball Assistant Coach, Junior High Boys Track Coach, Junior High Girls Volleyball Coach, and Junior High Intramural Coordinator
Mrs. Melinda Sutherland: Junior High Confidential Secretary
Mrs. Tanya Taylor: Library Assistant
Mr. Paul Valle: Junior High Art Instructor, Junior High Football Coach, and Junior High Boys Basketball Coach
Mrs. Pauline Ward: Paraprofessional

Miss Darvette Warr: French I, II, III, IV, English 7, Freshman Class Sponsor, Newspaper Advisor, and French Club Sponsor
Mr. Jim Weitatz: LRE Facilitator/MHH, Variety Boys Track Assistant Coach, and Variety Football Assistant Coach
Mrs. Sally Weitatz: Mild Disabilities Teacher, Basic English, Basic Mathematics, Basic History, Study Skills, Junior High Academic Team Coach, and Student Council Sponsor
Mr. Jim Wells: Basic Biology, Biology I, and Environmental Science
Mr. J. Kirk Whiting: U.S. History, World History, Psychology, and Current Events, High School Honor Society Sponsor, Variety Football Assistant Coach, Junior High Football Coach, and Junior High Boys Track Coach

Joseph N. Kapciak

(1948-1997)

Mr. Joseph Kapciak was a member of the River Forest community since 1971. Throughout his years at RF, he served as an assistant band director for ten years and a junior high and senior high choir director for six years. He also taught music classes at Evans, River Forest and Meister elementaries.

Mr. Joseph Kapciak was involved in many extracurricular activities. In the elementaries, he coached basketball, track, and cross country. At the junior high level, he coached the track team.

In appreciation, the high school choir room was dedicated and renamed in Mr. Kapciak's honor.



Quill and Scroll Society

Sponsor

Miss Francie Blaney

Officers

Nichole Woelk, President
Mike Cortez, Vice President
Wendy Lavrick, Secretary
Sarah Farthing, Treasurer

Quill and Scroll Society: row 1: Michelle Doffin, Wendy Lavrick, Michael Cortez, Misti Stutler, Christal Pavlik, row 2: Stacey Shrawsbury, Jill Martin, Sarah Farthing and Miss Francie Blaney.



High School Honor Society

Sponsors

Mrs. Kathy Hooks and
Mr. Kirk Whiting

Officers

Mike Cortez, President
Jill Horn, Vice President
Vanessa Reeves, Secretary
Wendy Lavrick, Treasurer

High School Honor Society: row 1: Alicia Long, Wendy Lavrick, Michael Cortez, Jassa Cisneros, Charlotta Hall, Michelle Doffin; row 2: Christina Morano, Elizabeth Cano, Eric Ostrander, Sandra Jimenez, Crystal Stover, Sarah Saalwechlar, Tracy Morland; row 3: Bath Wager, Vanessa Raavas, Stephania Jansen, Kally Therault, Jason Scott, Nicole Squares; row 4: Stephania Santiago, DaAngela Ward, Harmony Kingery, Randy Kingery, Mandee Taylor and Jill Horn.



Junior High Honor Society

Sponsor

Mrs. Mary Ann Barkalow

Officers

Wendy Paceley, President
Bill Carns, Vice President
Edgar Ramos, Secretary/
Treasurer

Junior High Honor Society: row 1: Christina Burns, Jason Tschopp, Wendy Paceley; row 2: Lolita Christophar, Courtney Krasoczka, Rabacca Cisneros, Logan Selich; row 3: Shaily Therault, Edgar Ramos, Marialena Dominguez, Angal Rosado and Jami Sellers.



High School Student Council

Sponsor

Mrs. Pat McNabb

Officers

John Bevil, President
Michelle Avakian, Vice President
Maria Aguilar, Secretary
Diane Palmer, Treasurer

High School Student Council: row 1: Kimberly Mills, Jassa Cisneros, Trina Bock; row 2: Wandi Millar, Rhanna Donnelly, Michelle Avakian, Misti Stutler, John Bevil, Eva Plesyk; row 3: Rabacca Church, Maria Aguilar, Nicola Squares, Vanessa Reeves, Alicia Long; row 4: Derek Church, Troy Mazera, Kevin Wilson, Kristin Gilliana, Jennifer Karageorge, Jeanette Podgorski and Malinda Burga.



book...Clubs Scrapbook...Clubs Scrapbook...Clubs



Junior High Student Council: row 1: Samuel Saalwaechter, Wendy Pacoley, Carrie Dixon; row 2: Georgia Mitchell, Adam Baker, Mrs. Diane Chary, Ricardo Rodriguez; row 3: Logan Silich, Michelle Coons and Ray Hernandez.

Junior High Student Council

Sponsors

Mrs. Diane Chary and
Mrs. Sally Weitzel

Officers

Wendy Pacoley, President
Adam Baker, Vice President
Samuel Saalwaechter, Secretary
Carrie Dixon, Treasurer



Decathlon Team: row 1: Coach Kathy Hooks, Joseph Bull, Jason Scott, Amber Wulftich, Coach Drew Martin, row 2: Brian Ray, Vanessa Reeves, DeAngela Werd, John Hughes; row 3: Scott Fields, Harmony Kingery, Randy Kingery, Angel Gierski and Gregory Butler.

Decathlon Team

Coaches

Coach Kathy Hooks,
Coach Roberta Harnish,
Coach Drew Martin and
Coach Lyle Neal



Spell Bowl Team: row 1: Mr. Drew Martin, Lisa Ruck, Richard Baron, Amber Wulftich, Coach Kathy Hooks; row 2: DeAngela Werd, Brian Ray, Vanessa Reeves, Angel Gierski; row 3: John Hughes, Randy Kingery, Scott Fields, Harmony Kingery and Gregory Butler.

Spell Bowl Team

Coaches

Coach Kathy Hooks and
Coach Roberta Harnish



Super Bowl Team: row 1: Coach Kathy Hooks, John Hughes, Jesse Cisneros, Angel Gierski, DeAngela Werd, Nicole Squares, Amber Wulftich, Coach Drew Martin; row 2: Greg Butler, Jason Scott, Scott Fields, Randy Kingery, Harmony Kingery, Vanessa Reeves and Brian Ray.

Super Bowl Team

Coaches

Coach Kathy Hooks,
Coach Roberta Harnish,
Coach Drew Martin and
Coach Lyle Neal

Junior High Academic Team

Sponsor

Mrs. Sally Weitzel and
Mrs. Laura Johnson

Junior High Academic Team: row 1: Danny Muniz, Carina Dixon, Ray Hernandez; row 2: Mrs. Sally Weitzel, Wendy Pacalay, Sara Russi, Mrs. Laura Johnson; row 3: Kara Komarich, Becky Canteros and Ruth Norman.



IU Groups

Sponsors

Mr. Andrew Wielgus
Mrs. Bernadette Monda

IU Groups: row 1: Mrs. Bernadette Monda, Faith Sobel, Amanda Santmyrs, Sandra Jimenez; row 2: Luis Hernandez, Rachal Vasquez and Mr. Andrew Wielgus.



Spanish Club

Sponsor

Mrs. Irma Cuevas

Officers

Christina Moreno, President
Dollie Aguilar, Vice President
Christina Cuevas, Secretary/
Treasurer

Spanish Club: row 1: April Aguirre, Dollie Aguilar; row 2: Irena Valenzuela, Tiffany Hopper, Maria Aguilar; row 3: Christina Moreno, Kally Tharault, DaAngela Ward and Christina Cuevas.



French Club

Sponsor

Miss Danyelle Ware

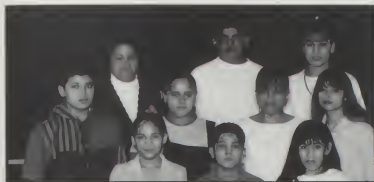
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B.E.S.O.: row 1: Myriam Fontanez, Enrique Fontanez, Leticio Hernandez; row 2: Jose Cisneros, Naomi Fontanez, Raquel Montes, Amende Herrera; row 3: Mrs. Maritza Medina, Jacob Montes and Silve Montes.

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Miss Danyelle Ware

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Trina Bock, Assistant Editor



Yearbook Staff: row 1: Michelle Doffin, Misti Stuller, Eve Piesky, Kate Butchko, Christal Pevik; row 2: Margaret Allen, Tracy Moreland, Jody Sutton, Jenette Loughran and Miss Francie Blaney.

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Miss Francie Blaney

Officers

May Lemke, Editor

Nichole Woelk, Business

Manager



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Mrs. Kay Rieck

SHAKA: Row 1: Ruth Norman, Adam Baker, Wendy Pacey; row 2: Angela Rebeck and Sara Russ



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Director

Miss Diane Smith

High School Choir: row 1: April Aguirre, Charity Rodriguez, Raven Lind, Violeta Salas, Timothy Dixon, Alexander Lee, Chris DeVaul, Mousy Vaughan, Chrystal Pavlik, Becca Brodersen, Diane Palmer; row 2: Theresa Neely, Heather Serles, Sherrie Gunter, Amy Parnell, George Mendez, Jonathan Soto, Christina Besaw, Yolanda Puentes, Christina Cuevas, Charlotte Hale; row 3: Malinda Burge, Samantha King, Stacy Clark, Krystal Carroll, Marissa Flores, Cathy Hook, Andrew Degman, Ricky Gonzalez, Maria Aguilar, Erica Mullins, Cassandra Pennington and Melissa Hamilton



Junior High Choir

Sponsor

Miss June Smith

Junior High Choir: Row 1: Barbara Ling, Jennifer Mossey, Amanda Palmer, Marja Wilson, John Lind, Ricardo Rodriguez, Scott Cuevas, Ryan Harder, Erika Perez, Carrie Dixon; row 2: Christina Bodine, Georgia Mitchell, Marie Evans, Nicole Pardo, Tara Torres, Jerry Betson, Ray Punt, Pauline Melhorn, Jessica Nunez, Jacqueline Acosta, Megan Burns; row 3: Jose Moore, Tanya Flores, Heather Aguilar, Gail Stover, Don Shannon, John Johnson, Josh Smith, Nathan Otero, James Belinsky, Pia Squires, Logan Silich, Tammy Vaughan, Elizabeth Perley; row 4: Liz Schillke, Valerie Pennington, Marie Wood, Michelle Coons, Jason Donnelly, Ryan Bolduc, Brandon Crofton, April Lewis, Colene Gregory, Stephanie McKinney, Linda Bailey and Amanda Crofton.



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Mrs. Suzan Galvin

Auxiliary Corps: row 1: Jasmina Perez, Harmony Kingery, Covadonga Cruz, Bianca Polzotto, Miss Sturder, Stephanie Santiago; row 2: Shannon Sevin, Stephanie Jansen, Elizabeth Cano, Rachel Vasquez, Wendy Lavrick, Kim Mills, Amanda Santmyre; row 3: Ginny Nord, Andrea Neyhart, Trina Bock, Loni Verdugo, Vanessa Reeves, Jennifer Kargearge, Megan Wilson and Kristin Gilliana.



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Jazz Band: *row 1:* Elu Fontanez, Herdy Mills, Erica Barrow, Kristina Caporale, Jeremy Gallo, Stephanie Santiago, Mendee Taylor; *row 2:* Eric Gaskins, Doug Guess, Jim Wielogorski, Darren Flowers, Jason Saklak, Chris Manos; *row 3:* Noel Fontanez, Jason Shakula, Pablo Russi, Derrick Flowers and Sarah Farthing.

Jazz Band
Director
Mr. Rick Check



Pep Band: *row 1:* Erica Barrow, Kelly Therault, Tim Dulin, Mike Sellers; *row 2:* Sarah Saalwaechter, Tracy Moreland, Malissa Borge, Sara Thompson, Leticia Verdugo, Matt Deffin, Tiffany Bowen; *row 3:* Amanda Higgins, Ricky Barron, Melissa Bagley, Derrick Flowers, Mendee Taylor, Gary Moss, Manny Heredia, Chris Manos; *row 4:* Maurice Thomas, Eric Gaskins, Herdy Mills, Kristina Caporale, Darren Flowers, Jason Saklak, James Wielogorski and Melissa Clifford.

Pep Band
Director
Mr. Rick Check
Student Directors
Kelly Therault
Mike Sellers



High School Band: *row 1:* Janette Loughran, Maria Concepcion, Angelique Wilson, Wendy Miller, Kim Mills; *row 2:* Frank Caporale, Christa Serles, Brooke Oviander, Aurette Presky, Tracy Moreland, Matthew Doffin, Patricia Gallegos, Kristin Gullana, Jason Rogers, Trina Bock; *row 3:* Jessica Heredia, Tiffany Szparaga, Malissa Borge, Erica Barrow, Jeremy Gallo, Tom Long, Troy Mezera, Amanda Higgins, Chris Carlson; *row 4:* Denise Kennedy, Becky Nuerz, Jeanette Podgorski, Herdy Mills, Vanessa Reeves, Stephanie Jensen, Harmony Kingery, Krissy Caporale, Jennifer Maldonado, Jill Martin and Gary Hardesty.

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Directors
Mr. Weldon Slater and
Mr. Rick Check
Officers
Jesse Cisneros, President
Jason Varney, Vice President
Stacy Shrewsbury, Secretary/
Treasurer
Pablo Russi and Doug Guess,
Managers



High School Band: *row 1:* Jessica DeFord, Cassandra Pazdar, Jesse Cisneros, Tim Dulin, Stephanie Santiago, Milagro Dominguez; *row 2:* Laurie Nafos, Kelly Therault, Tiffany Bowen, Faith Sobel, Eva Presky, Darren Flowers, Mike Jimenez; *row 3:* Tabatha Harrison, Melissa Bagley, Moss Stutler, Jessica Setton, Vicki Wallace, Anne Kearby, Maria Cuevas, Rita Verdugo, Beth Weger, Stacy Shrewsbury, Melissa Clifford, Alex Melford; *row 4:* Sarah Saalwaechter, Ricky Barron, Andrea Neyhart, Amber Cicillan, Leticia Verdugo, Mendee Taylor, Nate Romo, Jason Varney, Mike Sellers, Jason Saklak, Jim Wielogorski and Chris Manos.

High School Band
Field Commanders
Mary Lemke
Trina Bock
Mendee Taylor

High School Band

High School Band: row 1: Pablo Rusi, Karen Kawohl, Rachel Vouger, Angel Gilanka, Sara Thompson, Nicole Morris, Jeremy Jones; row 2: Lisa Russ, Jennifer Karageorge, Nicole Squires, Alicia Long, Natalie Caragena, Annik Carroll, Denick Flowers, Javier Heredia, Gary Moss; row 3: John Shannon, Phil Guerrero, Eric Gaskins, Maurice Thomas, Marvin Scott, Mike Doussac and Manny Heredia.



Intermediate Band

Director
Mr. Rick Check

Intermediate Band: row 1: Matilda Sanchez, Matthew Roach, Courtney Krasovska, Fernanda Heredia, Andria Gurman, George Restina, Tim Stone; row 2: Shelly Theriault, Amber Alexander, Samantha Pieschala, Susan Roth, Sarah Saitowachter, Sara Russ, Wendy Pacey, Kim Reider; row 3: Sevasi Alabourgos, Melody Brawley, Nicole Joseph, Jamie Sellers, Ruth Norman, Mandy Kawohl, Stephanie Kalberer, Venessa Check, and April Aguirre.



Intermediate Band

Director
Mr. Rick Check

Intermediate Band: row 1: Rich Hale, Danny Munoz, Promitvo DelValle, Joe Coates, Harry Manos, Billy Ralph, Edward Webbell; row 2: Marielena Dominguez, Clayton Torres, Neil Cosnka, Lolita Christopher, Becky Cisneros, Matt Sebel, Harold Theriault; row 3: Mike Lopez, Shawn Reynolds, Adam Baker, Tony Klinczyk, Jason Perez, Bobby Perry, Angel Rosado, Joe Koedolge, Elcira DelValle, Ramon Martinez.



Beginning Band

Director
Mr. Weldon Slater

Beginning Band: row 1: Jonna Claxton, Jami Meece, Emily Cheek, Sarah Saylor; row 2: Alsha Gaylardo, Nichole Davis, Heather Rogyon, Jill Bonner, Malter Newcomb, Natalie Quilan; row 3: Stephanie Lyle, Leann Torres, Hope Green, Stephanie Kalberer, Katherine Komensack, Michael Adams, Traci Teel, Becka Blackwell; row 4: Chris Melendez, Eddie Stojanovich, Michael Minarch, Elijah Gregory, Alison Patterson, Cynthia DeGroot, Elizabeth Hall, Stacey Gumm, and Joe Nuzzo.



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Beginning Band: row 1: Izzy Sanchez, Rich Servin, Chuck Roth, Mike Keller, Amanda Sturgill, Sam Saalwachter, Justin Guzman, Theresa Ivey, Marco Nunez; row 2: Danny Farthing, Johnny Smith, Ronnie Abouz, Shannon Thomas, Tom Kennedy, Chris Davis, Chris Reynolds, Jodi Fields; row 3: Tim Gregory, Juan Rodriguez, Nick Hardesty, Larry Swartz, Joe Coates, Jason Rogers, Dustin Ingram, Steven Thomas, Angel Muniz, LeeAnn Cicillan

Beginning Band
Director
Mr. Weldon Slater

Pep Band members Jim Weiligorski, junior, and Doug Guess, senior, play their trombones at the basketball Homecoming game against Wheeler.



Field Commander Trina Bock, senior, iprepare to direct the Golden Ingot Pride Marching Band at the Homecoming game.



Trumpet player, senior, Adam Hall, plays at the Homecoming football game.



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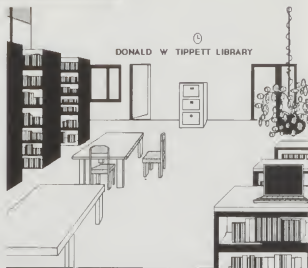
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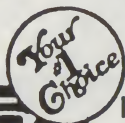
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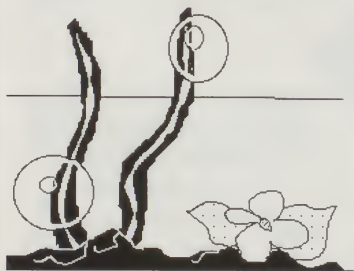
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Staff, great job, great book!



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Amanda

**Congratulations,
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you and love you so very
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... be of good courage...**



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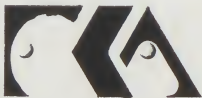
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Mr. Jack Burton, faculty member, takes a break and enjoys his meal at the Multicultural Food Fair.



The sunlight reflects across the ripples in Deep River. The view is the "river" part of "River" Forest.

Reflecting Back

The '97 Ingot Staff hopes that when *Reflecting Back*, you will find the photographs and words contained in this book helpful in remembering the '96-'97 school year.

This is the only permanent reminder you will have of a memorable year. Please use it again and again to remember that *Under the Surface*, we are *all* Ingots!

I would like to thank my staff for an exceptional job. I appreciate all of your hard work and dedication. There were ups and downs, but you finished it. Good luck to all of you! Mr. Don Callahan, thank you for finding the funds for our camera in an emergency. We appreciate all of your support. Mr. Keith Hyden and Mrs. Linda Trezak, thank you for the preparation of the bar graphs for our book. Root Studios and Ms. Kathy Stasiak, thank you for your hard work and exceptional photography. Ms. Valerie Tanke from Walsworth, thank you for answering all of our "Ask VAI Questions." You have been a great help to us. Thank you, Tracy Moreland, for all of the original art you made available for us to include in the book. Finally, Miss Francie Blaney, thank you for guiding us through the hard times and being worried when we weren't. Words can't express my appreciation to each one of these people for their dedication to this book.

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the 1990s, the number of people in the UK who are aged 65 and over has increased by 1.5 million, and the number of people aged 75 and over has increased by 1.2 million (Office of National Statistics 1999).

There is a growing awareness of the need to address the needs of older people in the community. The Department of Health (1999) has published a strategy for older people, which sets out a vision for the future of older people's services. The strategy is based on the following principles: older people should be able to live independently in their own homes; older people should be able to participate in the community; older people should be able to access the services they need; and older people should be able to live in a safe and secure environment. The strategy also sets out a number of objectives, including: to improve the quality of life of older people; to reduce the number of older people who are in care homes; to improve the access of older people to health and social care services; and to improve the safety and security of older people's homes.

The strategy is a key document for the development of older people's services in the UK. It provides a framework for the development of policies and services for older people. The strategy is based on the following principles: older people should be able to live independently in their own homes; older people should be able to participate in the community; older people should be able to access the services they need; and older people should be able to live in a safe and secure environment. The strategy also sets out a number of objectives, including: to improve the quality of life of older people; to reduce the number of older people who are in care homes; to improve the access of older people to health and social care services; and to improve the safety and security of older people's homes.

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